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SANIBEL & CAPTIVA ISLANDS, FLORIDA

MARCH 6, 2020

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Hidden Worlds Of Mollusks Unveiled At Shell Museum

by Wendy McMullen

You may not notice that scallop sitting on the ocean floor, but it can certainly see you. A single scallop may have 200 eyeballs spaced along the outer edges of its shell and each works like a telescope.

And the octopus is a mollusk even if it no longer has a shell. It's just seen its shell disappear over millions of years of evolution.

You will find these and many other fascinating facts about shells and mollusks in the Bailey-Matthews National Shell Museum, which reopened Sunday after a major renovation and expansion unveiling a bright new space and adding 38 new species and living aquariums to its world-renowned shell collection.

"We now have around 50 species, before we had around 12," said Rebecca Mensch, aquarium curator. These include 11 aquarium exhibits featuring gastropods, dory fish, live junonias, octopuses, nudibranchs, giant clams and nautilus.

Also new to the museum are two 15-foot-long touch tanks allowing visitors to explore the world of mollusks (the living marine animals that create the shells).

There are also interactive interpretative exhibits revealing the hidden worlds behind each species. One of them houses a giant Pacific octopus, a species which may grow as much as 15 feet across.

The new expanded museum is the result of a \$6 million capital campaign that began in 2017. Neither the structure nor the footprint was altered but major changes included replacing the steep stairs to the entry with a wide sweeping walkway and making the museum comfortable for living marine animals as well as visitors.

"We learned that until people see the live animals, it's very difficult for them to understand how amazing they are and how extraordinary everything is about them, and to do that you have to have live animals. You have to have an aquarium," said Dorrie Hipschman, executive director of the museum.

Previously, the ground floor of the museum was permitted only as non-air conditioned storage. In order to make it a visitor approved facility, the entire building had to be made wind proof and flood proof with hurricane impact glass to meet



Children learn about mollusks by exploring the touch tanks photos provided



The giant Pacific octopus is a fascinating addition



There are now 11 aquarium exhibits and two 15-foot-long touch tanks housing around 50 species of mollusks

the code for having a functioning ground floor.

"So there's 12 inches of reinforced concrete under your feet and between every column, there's another 18 inches of rebar that's connected and reinforced so this building could be a hurricane shelter," said Hipschman, adding that the board is considering providing a shelter for animals that cannot be removed from the island in the event of a hurricane.

Introducing the new living mollusks was costly for tanks and acquisition but also shipping. The shipping cost of the

giant Pacific octopus alone was more than \$2,000, because it, along with all the other living mollusks, have to be shipped overnight.

But it was all worthwhile, according to Hipschman.

"Once visitors see these exhibits, they'll never look at the beach the same way again," she said.

A large part of the museum's mission is to educate both young and old about mollusks and shells. Many of the exhibits, such as the touch tanks and exhibits asking "What do you wonder" and "What

looks familiar?" are oriented toward children finding fascination in shells and Hipschman is convinced that the new exhibits will cater to much younger visitors.

"Now we have a touch tank and live animals, it's much more attractive to younger visitors," she said.

As part of its educational mission, the museum sponsors Mollusks on the Move, a program designed to introduce mollusks to children through visits to middle and high schools in the area. This program

continued on page 7



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From The Pen Of 'Ding' Darling

“Sorry son, there isn’t any fatted calf. We ate the last old cow last generation,” the old man tells “Next Generation” in this 1936 cartoon by Jay Norwood “Ding” Darling titled *When prodigal son meets prodigal father*. The Pulitzer Prize-winning editorial cartoonist rarely sugar-coated the bleak results of human waste and greed in his statements about conservation, a popular topic for him throughout his life. This year the JN “Ding” Darling National Wildlife Refuge celebrates Darling, the man and its founder, as the refuge approaches its 75th anniversary.

In partnership with the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS), the *Island Sun* is celebrating the 75th anniversary of the JN “Ding” Darling National Wildlife Refuge by publishing some of Darling’s editorial cartoons.

Through December 1, 2020, the refuge’s official anniversary, this newspaper will be running a monthly historical editorial cartoon penned by Jay Norwood “Ding” Darling, who twice won the Pulitzer Prize for his thousands of cartoons that appeared in *The Des Moines Register* in the early 1900s, syndicated in 150 dailies across the country.

For more information about the refuge’s 75th anniversary celebration, visit www.ding75.org.

Audubon Bird Walk At Refuge

The next bird walk of the Sanibel-Captiva Audubon 2020 season will be held on Saturday, March 7 at JN “Ding” Darling National Wildlife Refuge. Meet at 8 a.m. in the overflow parking lot to the left as you drive in. These bird walks are open to the public and all levels of experience. Refuge fees will apply. The Duck Stamp and Federal Senior Pass are accepted. For more information, visit www.san-capaudubon.org.



Reddish egret photo by Sam Huntington



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Blind Pass photo courtesy Sanibel Historical Museum and Village

Sanibel Historical Museum And Village

Looking Back: Blind Pass

The link between Sanibel and Captiva has never been more tenuous. This 1950s postcard shows the southern extension of Captiva, giving the pass between both islands a subtle entrance.



Learn more about the history of Sanibel at the Sanibel Historical Museum and Village, 950 Dunlop Road, next to BIG ARTS. Hours are Tuesday through Saturday from 10 a.m. to 4 p.m. Guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge for members and children. For more information, visit www.sanibelmuseum.org or call 472-4648.*

Churches/Temples

ANNUNCIATION GREEK ORTHODOX CHURCH

Rev. Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Barry Fulmer. www.batyam.org, 2050 Periwinkle Way, 732-780-2016.

HISTORIC CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Services every Sunday 11 a.m. November 10, 2019 thru April 26, 2020. 11580 Chapin Lane, Captiva, 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST

Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday afternoon meeting 4:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

SANIBEL COMMUNITY CHURCH

Dr. Stephen LeBar, Interim Senior Pastor Sunday Worship: 8 a.m. Traditional in Historic Chapel; 9 a.m. Contemporary and

Children's Church in Main Sanctuary; 11 a.m. Traditional in Main Sanctuary. Childcare available at all services. www.sanibelchurch.com, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Sunday worship: chapel service at 7:45 a.m. Full service at 9 and 11 a.m. with Sunday school and nursery care provided, www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Administrator, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Alan Kelmereit, Priest-in-Charge Saturday Eucharist 5 p.m., Sunday Eucharist 8 and 10:30 a.m., Sunday School 10:30 a.m., Tuesday Morning Prayer 9 a.m., Wednesday Healing Eucharist 9 a.m., Prayer and Potluck 1st Wednesdays 6 p.m., Taizé Service 3rd Wednesdays 6 p.m. www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.*



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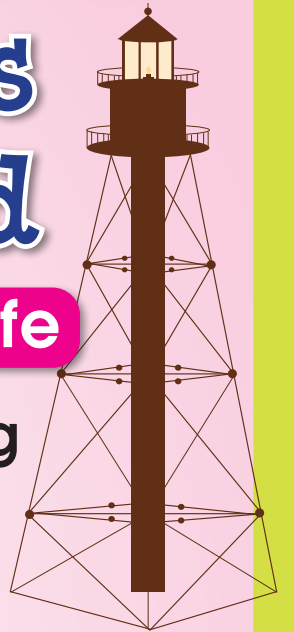
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CECI students and their families have been busy replanting the gardens photo provided

Children’s Education Center Reopens Monday

On Monday, March 9, the Children’s Education Center of the Islands (CECI) will welcome back new and old students under the directorship of Kerra Pike. CECI families have been hard at work preparing the school. On February 22, the CECI

community joined Pike to clean and organize the school classrooms and storage. The students played on the playground while parents raked, sorted and pulled weeds. Parents and students replanted the garden and will be mulching the front of the school to celebrate Monday’s reopening. Pike added two new teachers: Sandra Nagnante, a retired Lee County educator with a bachelor’s degree in early childhood education from University of South Florida; and Christie Shiley, who has seven years of VPK teaching experience and a

background in urban farming education. CECI is accepting enrollment for students ages 12 months through VPK. The new governing board for the remainder of this year and next includes Ally Arlington, Josh Stewart,

Wendy Humphrey, Samantha Britt, Wayne Burris, Nita Stewart and Karen Meunch. For more information, call Kerra Pike at 472-4538 or email kerraceci@gmail.com.

Christian Forum Program With Columnist, Author

Sanibel Christian Forum will host Cal Thomas, a syndicated columnist, pundit, author and radio commentator, in the Main Sanctuary at Sanibel Community Church on Sunday, March 8 at 7 p.m. Thomas attended American University for his undergraduate education. His program on CNBC was nominated for a CableACE Award in 1995. His column is syndicated by Tribune Content Agency. He is also syndicated by Salem Radio Network. From 2005 until the end of 2015, Thomas had been a columnist for *USA Today*, where he wrote articles with friend and political opposite Bob Beckel in the style of Point-Counterpoint. His latest book *America’s Expiration Date: The Fall of Empires and Superpowers... and the Future of the United States* is available at the Carpenter’s Bookstore at Sanibel Community Church. To learn more about the Sanibel Christian



Cal Thomas photo provided Forum Speaker Series, visit www.sanibelchristianforum.com. Sanibel Community Church is an evangelical, non-denominational congregation with the church campus located at 1740 Periwinkle Way. For more information, call 472-2684 or visit www.sanibelchurch.com.



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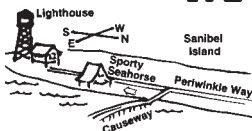
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San Cap Motor Club Cruise-In

The monthly San Cap Motor Club Cars & Coffee Cruise-in will be held this Saturday, March 7 from 9 to 11 a.m. at Periwinkle Place shopping center, located at 2075 Periwinkle Way on Sanibel.

Automobile enthusiasts gather with their "wheels" on the first Saturday of every month at the shopping center. There is no better excuse to get your

photo provided

classic car out of the garage. No pre-registration is necessary. Depending on the month, there could be more than 50 cars on display.

A continental breakfast including donuts, coffee and pastries will be provided by the Blue Giraffe Restaurant.

Annual club membership dues are \$50 per individual or \$75 for a couple or family. A membership includes one new club T-shirt.

For more information, call Scot Congress at 472-4177 or email scot@scongress.com.

From page 1

Shell Museum

brings the oceans' smallest, yet mightiest, live animals to students who may not otherwise experience them. In 2019 alone, Mollusks on the Move covered more than 5,800 miles.

"We actually take the live animals to about 9,000 kids in Lee and Collier county and that's as far south as Naples, as far east as Immokalee and as far north as North Fort Myers," said Leigh Gay, education coordinator for the museum.

Because Sanibel's beaches themselves are some of the best places in the world to find stunning shells, the museum also organizes daily beach walks that can be reserved through the organization.

Research is an important part of the nonprofit's task. Museum scientists conduct research with local mollusk species and visitors to learn how they can help with environmental threats such as rising sea temperatures, habitat loss and over harvesting which threaten the mollusk population.

"We are the only museum in the world that is focused on just mollusks and someone needs to be paying attention to them, because they are at risk as we pollute our oceans and change the acidification and warm them," explained Hipschman.

Although there are more mollusks in the ocean than any other marine sea animal, many are endangered, becoming extinct faster than new species can be named, threatening other marine species, such as whales and dolphins which depend upon mollusks as part of their food source.

"Conservation is hampered by a lack of awareness," said Hipschman. "It's hard to save animals when people don't know they exist. We're taking visitors who love shells and inspiring them to care deeply

about the animals that make them, and that leads to the next step of wanting to protect them."

Museum marine scientists conduct research about local shelled animals, documenting new species and researching and recording their lifespans, habitats and diet requirements. This science is critical because most major aquariums in the world have few invertebrates and don't contribute substantially to the knowledge of these critical species.

The expansion comes as the Bailey-Matthews National Shell Museum celebrates its 25th anniversary, having welcomed more than one million visitors to date. The nonprofit museum is an integral part of Sanibel Island that is home to more than 400 species of shells. Sanibel is known worldwide for its efforts to protect that natural resource and today, local, county and state laws prohibit the taking of live animals in their shells.

"Sanibel is simply a unique place, and there's no other community in the world like this," said Hipschman. "Its residents truly care about these animals and are invested in their health, and our expansion honors that commitment."

Admission is \$23.95 for adults (ages 18 and older), \$21.95 for seniors, \$14.95 youth (ages 12 to 17) and students with their ID, \$8.95 for children (ages 5 to 11) and no charge for children under age 5 and active military. Visitors who bike to the museum receive \$1 off admission.

Admission includes Beyond Shells: The Mysterious World of Mollusks, the museum's new permanent experience focusing on the living animals that create shells.

For more information, visit www.shellmuseum.org or call 395-2233. Daily beach walks are always available and can be reserved by calling the museum, located at 3075 Sanibel-Captiva Road.*

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Council Overturns Ruling On Dock On Isabel Inlet

by Wendy McMullen

After months of hearings and modifications, Sanibel City Council overturned the decision of the Sanibel Planning Commission to approve a 54.5-foot dock on the inlet leading to the canal between Isabel and Bay drives on Sanibel's northern shore.

Major concerns leading to the council decision were the size of the proposed dock and boatlift and its perceived inconsistency with the Sanibel Plan.

"The proposed boatlift is bigger than the majority of boatlifts," said council member Holly Smith. "The dock and the boatlift are not reduced to the minimum necessary to support the application. No matter what evidence was presented, a variance that drills pilings through sea grass would damage or destroy our coastal resources. I vote to reverse it."

Attorney Steve Hartsell, representing applicants Chris and Lisa Heidrick, presented plenty of evidence to support the application claiming that the proposed dock would do less damage to sea grasses than a dock adjacent to the seawall similar to the neighboring properties.

"This application probably represents the most thoroughly prepared dock variance and staff report that the planning commission has ever seen," Hartsell said. "The variance plans and narrative were revised numerous times until the staff became satisfied that the variance being requested was the minimum variance necessary and had met all the variance standards."

In order for a variance to be granted, the application must meet seven criteria demonstrating the necessity for the variance and feasibility of the plan. It was the last two of the seven criteria: that the requested variance would not be adverse to the developed neighborhood scheme and the Land Development Code or to the health, safety and general welfare of the community that were the focus of discussion at Tuesday's meeting.

Despite city planner Roy Gibson declaring that the many modifications did make the dock compatible with the

Sanibel Plan and minimized damage to sea grasses, neighbors Marty Harritty and Frank Fernandez and Sanibel-Captiva Conservation Foundation (SCCF) CEO Ryan Orgera all disagreed.

"We should not be allowing pilings to be drilled into the sea grass. The existence of this dock will unquestionably damage sea grasses in the area," Orgera said, acknowledging that although the property is not in the bay beach zone where docks are prohibited entirely, it is not materially different from it. The Heidrick property is in fact in altered land zone.

"This dock is not within the rhythm and harmony of this Sanibel neighborhood," Harritty said, alluding to the city mission statement that emphasizes the rhythm and harmony of neighborhoods. "We have had no T docks extending over 30 feet for 50 years."

Gibson commented that the proposed dock is not the longest dock approved on Sanibel and noted that it was not a new dock; it replaced an existing one that would be removed, and Hartsell pointed out that docks are not structures so rhythm and harmony does not apply. He also said that approving this was not overturning the Kentner decision that denied a similar dock some years ago. A public comment last month mistakenly indicated that the Heidricks made his application.

City council has the same authority as the planning commission to modify, deny or approve a variance. Only councilman Jason Maughan voted to uphold the planning commission decision to approve the dock. The final vote denying the dock was 4 to 1.✪

Coalition Formed To Combat Climate Change

by Wendy McMullen

The newly-formed coalition of Southwest Florida communities collaborating to combat climate change has had two meetings and agreed on a purpose and set of objectives, Sanibel City Council members were informed at Tuesday's meeting.

Director of Natural Resources James Evans informed the city council about

the recent meetings of the Southwest Florida Regional Resiliency Compact, a collaboration to prepare for the effects of climate change in the area.

This regional network aims to improve communities' resilience to sea level rise, storms and rising temperatures by sharing resources and information and determining best practices for combatting the challenges.

The Southwest Florida collaborative is a new initiative in this area. A similar coalition in Southeast Florida, where signs of sea level change are already being felt, has been in operation for 10 years.

The Southwest Florida Compact unites Collier, Lee and Charlotte counties and includes the cities of Sanibel, Marco Island, Naples, Bonita Springs, Estero, Everglades City, Fort Myers, Fort Myers Beach, Cape Coral and Punta Gorda. The Captiva Erosion Prevention District is also part of the group.

The group has agreed on a purpose

Sanibel Fire Rescue District Rolls Out Platform

Sanibel Fire Rescue District has been working closely with technology partner First Due to release Community Connect, an application focused on protecting residents and their property in the most effective way possible during an incident or major disaster.

Community Connect is a secure, easy-to-use platform that allows residents to share critical information about their household to aid first responders and emergency service personnel. Community Connect is entirely voluntary, and residents can individually decide which information they feel comfortable with sharing. Residents create a profile, enter critical property and occupant information. This is then made available to public safety agencies at the time of dispatch. Data provided by residents within Community Connect is 100 percent secure and is used only for the purpose of better serving residents during emergencies.

Sanibel Fire Chief Matt Scott said, "When responding to a residence, there is often critical information that would assist in how we respond to that

and a set of objectives. Members plan and produce their outcomes independently but then share their accumulated knowledge.

Sanibel has already gone some way to mitigate the effects of climate change with floodplain management, development setbacks and planning, zoning and building codes. The city has also undertaken various storm water management plans such as the modifications to The Dunes community weir and the shoreline erosion protection project just before the Blind Pass Bridge on Sanibel-Captiva Road.

Changes to the Sanibel Plan, the code that governs development on Sanibel, will also need to be updated to include mitigation strategies to make Sanibel more resilient, Evans indicated.

"We should be asking ourselves questions now," said councilman Jason Maughan. "Do we need to start elevating lots as we build? Do we need to start elevating roads? If we start planning now, we'll be better prepared."✪✪

incident. For years, our district has been collecting critical information regarding local businesses, such as type of structure, contents and other information to better respond to the incident inside that business. This program allows us to gather much of the same information about the residents within our community. Letting us know makes a massive difference – who better than the homeowner to provide us with this critical information when an emergency occurs.

"Most of the incidents our firefighters respond to are in residential areas, including single family homes and condos. Community Connect allows those firefighters to know in advance if you or your family members have functional needs that we should prepare for, or if you have pets we should look out for. Our residents are our priority, and we intend to listen to any feedback and make improvements to the service over time."

First Due is on a mission to end first responder and citizen injuries due to a lack of information. First Due is focused on providing solutions for Fire and EMS agencies and the communities they serve, all with the goal of ensuring optimal preparedness for disaster situations.

For more information about Sanibel Fire Rescue District Community Connect, visit www.firstduesizeup.com/cc/sanibel or www.sanibelfire.com.✪✪

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Kathy Kurtz Ferrari	Angela Larson Roehl																												
Katie Frederic	Hannah Star Rogers																												
Shelley Greggs	J. Brendan Ryan, CLU,																												
Jarred Harris	ChFC, MSFS																												
Marion Hauser, MS, RD	Di Saggau																												
Ross Hauser, MD	Jeanie Tinch																												
Bryan Hayes																													



BackPorch Bluegrass Band

Free Bluegrass Concert At Sanibel Church

The BackPorch Bluegrass Band returns to Sanibel Community Church for another rocking free bluegrass porch concert on Sunday, March 22.

The Wilkes County, North Carolina-based group is known throughout the state for its traditional hard-driving bluegrass style. From the traditional songs

of Bill Monroe, Flatt and Scruggs, The Stanley Brothers, Illrd Tyme Out, Doyle Lawson and Quicksilver, The Lonesome River Band and Blue Highway, to the contemporary flair and artistry of the Kruger Brothers, the band's influences have one thing in common: great music.

Refreshments will be served at 4:30 p.m. and music will start at 5 p.m. A love offering will be received for the band.

Sanibel Community Church is an evangelical, non-denominational congregation, located at 1740 Periwinkle Way. For more information, call 472-2684 or visit www.sanibelchurch.com.✱

photo provided

Bestselling Author To Make Appearance

Author Joel C. Rosenberg will be at Sanibel Community Church on Thursday, March 19 at 7 p.m. in the Main Sanctuary. There will be an opportunity to purchase Rosenberg's latest book, *The Jerusalem Assassin*, available in the Carpenter's Bookstore. Rosenberg is an American communications strategist and a *New York Times* bestselling author of five nonfiction books and 15 novels, including five about terrorism as it relates to Bible prophecy. He regularly speaks with world leaders about geopolitical and religious freedom issues, many of whom have read his novels. Rosenberg has appeared on hundreds of radio and TV programs around the world and has been profiled by *The New York Times*, *The Washington Times*, and *The Jerusalem Post*. He is a well-known evangelical and the founder and chairman of The Joshua Fund, a nonprofit educational and humanitarian relief organization.



Joel C. Rosenberg

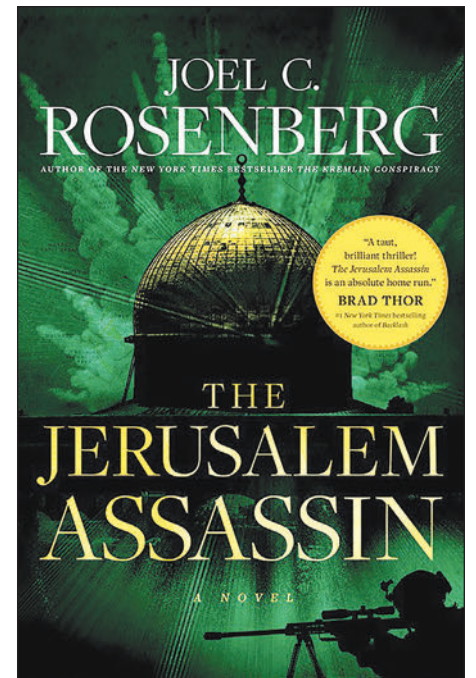


image provided

The grandson of Orthodox Jews who escaped czarist Russia in the early 1900s, Rosenberg and his wife, Lynn, are dual U.S.-Israeli citizens and live with their sons in Jerusalem, Israel. To learn more about Rosenberg, visit www.joelrosenberg.com.

Sanibel Community Church is an evangelical, non-denominational congregation, located at 1740 Periwinkle Way (next to Jerry's Market). For more information, call 472-2684, or visit www.sanibelchurch.com.✱

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Front row from left, pianist Abbey Allison, Ben Yokel, Ying Przybyszewski, Barry Roth, John Danner, Sally Sacks and Alan Sacks; back row from left, Norma Kohn and Esther Pokedoff. photo provided

An Ancient Story Retold At Purim Celebration

Lines are learned, songs rehearsed, costumes made and posters posted. Bat Yam Temple of the Islands is ready to celebrate Purim. The much-anticipated musical retelling of the Purim story will be held in the sanctuary at Sanibel Congregational United Church of Christ (SCUCC) on Monday, March 9 at 7 p.m. The celebration is free and open to the public.

Following the program, all are invited to have Purim-themed refreshments in Fellowship Hall. Among the treats

will be hamantaschen, the traditional jam-filled cookies whose triangular shape resembles the three-corned hat worn by Haman, the villain in the story.

The cast includes Bat Yam members Vickie Fuchs, who will portray Esther; Cantor Murray Simon as Haman; Ben Yokel as Bigthan; Edina Lessack as Mordecai; Sally Sacks as Vashti; and Alan Sacks as Teresh. In what all concerned believe is history-making casting, the Rev. Dr. John H. Danner will once again play the role of King Ahasuerus.

Dr. Danner is senior pastor of SCUCC, where Bat Yam holds services. The two congregations share many activities.

Rabbi Dr. Stephen Lewis Fuchs will

portray Hatach the storyteller and will narrate the Purim story of the Bible's *Book of Esther*. Tanya Hochschild will introduce the story, which commemorates the time when Esther, Queen of Persia, saved the Jewish people from execution by Haman, the king's advisor. When Esther told her husband, the king, of her Jewish heritage and asked him to spare her people, he bowed to her wishes.

Pianist Abbey Allison will accompany the musical numbers that are sung to familiar tunes but with original lyrics written by the cast members, to hilarious effect. The audience boos Haman and shakes noisemakers called groggers. While those will be available, everyone is encouraged to also bring a container full

of coins as a noisemaker. The proceeds will then be given to local charities.

Despite all the frivolity and fun, the Purim story confronts vital philosophical questions such as the place and dignity of women in society, the age-old phenomenon of prejudice and the meaning of life. Like Esther, many people have moments when their action or inaction can make a vital difference in someone's life. You can seize these moments or turn away from them.

SCUCC is located at 2050 Periwinkle Way. For more information, visit www.batyam.org.

Spring Break Camp At The Rec Center

Sanibel Recreation Center is offering a fun-filled week of athletics, games and crafts during Spring Break. Spring Break programs begin with a Fun Day on Friday, March 13 followed by Spring Break Camp, which runs Monday through Friday, March 16 to 20. Enrollment is available for children in kindergarten through eighth grade. The program operates from 8 a.m. to 5:30 p.m. Each child needs to bring a lunch, swimsuit and towel. Light snacks will be provided.

For pricing and registration, call Sanibel Recreation Center at 472-0345 or visit www.mysanibel.com. The recreation center is located at 3880 Sanibel-Captiva Road. Daily, weekly and annual memberships are available.

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and the Future of the United States is available at the Carpenter's Bookstore at Sanibel Community Church. For more information, visit sanibelchristianforum.com.

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What's Happening At The House

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TUESDAYS & THURSDAYS

10 am & 11:15 am Sanibel Yoga

SHELL FESTIVAL

MARCH 5 & 6

9 am - 5 pm Festival & Shell Show

MARCH 7

9 am - 4 pm Festival & Shell Show

3 pm Raffle Drawing

MON. MARCH 9

1 pm Watercolor w/ Marion Hall

TUES. MARCH 10

9:30 am Letting Loose w/ Watercolors
by Anita

1 pm Yoga Nidra by Dr. Susan

2:30 pm Kids Cooking First Mondays

THURS. MARCH 12

1 pm Watercolor w/ Yupo

FRI. MARCH 13

1 pm Line Dancing w/ Marie DiRosa

SAT. MARCH 14

12 pm Junie B. Jones

5 pm The Lion, The Witch & The Wardrobe
Theater Productions

MON. MARCH 16

10 am - 1 pm Pastel Painting w/ Donna

WED. MARCH 18

5:30 - 7 pm FGCU Research Roadshow

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Learn the process of nature journaling with Elizabeth Smith

photo provided

Nature Journaling Workshop At Bailey Homestead

Longtime Florida Native Plant Society member (FNPS) Elizabeth Smith will lead a hands-on introductory workshop of nature journaling on Wednesday, March 11 from 1 to 4 p.m. at the Sanibel-Captiva Conservation Foundation (SCCF) Bailey Homestead Preserve.

"Illustrating the natural world can be a wonderful adventure and learning tool; when we draw something, we get to know it on an intimate level," said Smith. "We develop a 'sense of place,' a deeper relationship that is complex and hard to describe, but recognized when felt. Being in nature helps us rediscover the child-like sense of wonder and exploration that some of us may have left behind."

Participants will see different examples of nature journals, a combination of sketches and text, in several styles and formats. They will learn some basic drawing techniques and have the opportunity to practice with some plein air drawing in the field.

Drawing skills are helpful but not required. The goal is to experience the process, to ask questions, to look below the surface, to explore color and line, and relax in a natural setting.

Those who draw and write about the natural world around them carry on a long historical tradition of curiosity, exploration and investigation. Throughout history, explorers documented discoveries from other countries, herbalists described useful plants, and gardeners recorded specimens for their beauty. Their drawings and observations taught us about the world we live in.

Smith spent her early years in the woods and waters of Iowa developing a love for plants and wildlife that is reflected in her artwork, whether quick sketches or more intensive watercolor paintings. Her goal is to combine nature and art as a way to increase awareness, enjoyment and stewardship of the natural world.

Cost is \$40 for SCCF members and \$50 for non-members. Register through Eventbrite/SCCF. Meet in the main house at the Bailey Homestead Preserve, located at 1300 Periwinkle Way on Sanibel. Call the SCCF Native Landscapes & Garden Center with questions, 472-1932.✧

IN LOVING MEMORY



Jack Ryan Tumminello and his tortoise

photo provided

JACK RYAN TUMMINELLO
November 15, 2010 – March 2, 2016

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*Beautiful boy, we miss your smile,
your laughter, your hugs,
You were a ray of sunshine and
we were so blessed by it
Sweet memories of you
warm our hearts
now and forever*

*Hugs and kisses,
Grandma and Pop Pop*

OBITUARY

DAVID WORDELL ALLEN

David Wordell Allen of West Barnstable, Massachusetts passed peacefully in his home on February 22, 2020. David was predeceased by his parents, Milton and V. Beatrice Allen, as well as his brother, Milton Allen, and his son, David W. Allen, Jr. David was 88 years old.

David is survived by his wife, Carol, and his sons, Donald H. and Douglas W. Allen. David and his wife shared daughters, Barit White and Taylor White Moffitt and 10 grandsons.

David was born in Newton, Massachusetts. He graduated Newton High School and the Stockbridge School of Agriculture. He enjoyed a full and happy life, accomplishing everything he set out to do. David will be missed by all that knew him.

A private service will be held for him this summer near his home. For friends who choose, please make a donation in David Allen's name to the West Parish Meetinghouse Foundation, P.O. Box 781, West Barnstable, MA 02668 or the David W. Allen Jr. Memorial Scholarship fund, c/o Donald H. Allen, 36 Spring Hill Road, East Sandwich, MA 02537.✧

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Susan Tucker and Ned Bruha on Sanibel
photo provided

Osprey Nests Installed Through Partnership

Ned Bruha, the self-styled Wildlife Whisperer, has teamed up with The International Osprey Foundation (TIOF) based on Sanibel, to help with nesting platform installations. The Oklahoma native, who recently moved to Florida, has appeared on numerous TV shows nationally.

In January, Bruha put up a nest box on a golf course in Auburndale, Florida for Joni Moyer. Ospreys have frequented the area near her home, she said, but their nesting platform had been damaged beyond repair over the years.

Moyer researched and found Bruha, who then contacted TIOF President Susan Tucker, who arranged for Bruha to pick up a nesting platform, made by Sanibel resident and volunteer Jim

Columbo, for a donation of \$225. Moyer then worked out a plan with Bruha. And it seems to be working like a charm.

"In the past two weeks, we have noticed a new nesting pair starting to build a nest," Moyer said. "I have always enjoyed watching the osprey nest and the babies since we moved in 12 years ago and, when it was destroyed, I asked management to replace it. I didn't get the answer I wanted so I asked my husband to gift me a nesting box for Christmas."

Moyer said, "Management here in the park was getting the palms trimmed anyway so they provided the lift, and Ned came and put the nesting box we

provided. Now we will have osprey babies for many years."

Bruha, who specializes in humane animal control, was known as The Skunk Whisperer in Oklahoma. He says he recently moved to Florida because of the state's unique wildlife situation. "Florida is more in need of ways to co-exist utilizing cost-effective, humane wildlife control methods than perhaps anywhere else in the U.S.," he said.

Bruha recently came to Sanibel and picked up three platforms. "He installed one already in Tampa and will be installing the other two," Tucker said. "He has the equipment to install poles so we were thrilled to partner with Ned to continue installing our platforms in

other areas."

Tucker said the partnership will be "an excellent opportunity for us to continue our mission of preserving osprey beyond Sanibel and Captiva islands. We use those donations to help pay for the materials needed to build future platforms."

For more information on Bruha, visit www.totalwildlifecontrol.com.

TIOF's annual meeting will begin at 6:30 p.m. on Thursday, March 26 at The Community House, located at 2173 Periwinkle Way on Sanibel. The speaker will be Robert Domenech, founder and executive director of the Raptor View Research Institute in Missoula, Montana. A \$10 donation is requested.✱



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Ospreys quickly showed interest in the new Auburndale platform photo by Joni Moyer

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Plant Smart

Winter Color And Sparkle

by Gerri Reaves

Anyone new to the South Florida landscape might think the subtropics lack seasons.

After all, green foliage and flowers persist throughout the year, giving some people the illusion of perpetual summer.

But spend a little time here, and you'll become attuned to seasonal changes more subtle than snow flurries and major leaf drops.

Native red maple (*acer rubrum*) and Virginia creeper's (*Parthenocissus quinquefolia*) colorful leaves are a sure sign that cooler weather has arrived. Both this tree and vine are deciduous, meaning that they drop their leaves.

Red maple is a superb wildlife-friendly shade tree for the landscape, provided it has enough room and plenty of moisture, say in a wet spot or a swale.

There's a reason it's also called swamp maple. The canopy will provide shade and it will grow up to 50 feet tall.

Don't despair at the thought of raking leaves. After those gorgeous star-shaped leaves of red, yellow and purple fall, just let them become mulch.

Native Virginia creeper is a prodigious volunteer in South Florida, so it's not typically sold at plant nurseries.

A fast-growing highly adaptable member of the grape family, it will grow on the ground, in the tree tops, in a pot – practically anywhere. That's why it's sometimes considered a weed rather than a wildlife-friendly vine.

However, that "weediness" makes it a good cover for trellises or ugly fences.

Once the five-pointed leaves fall, wildlife can more easily find the clusters of purple-black fruit. Reddish new growth soon appears.

Helpful hint: Don't confuse this species with poison ivy (*Toxicodendron radicans*).



Red maple's winter color is reminiscent of those of northern climes

photos by Gerri Reaves

Virginia creeper almost always has five leaflets that are toothed and pointed. Native poison ivy's three leaflets vary in shape, with smooth, blunt-toothed, or lobed edges, and the fruit is white.

This photo of native muhly grass (*Muhlenbergia capillaries*) illustrates how drier crisper air brings a heightened sparkle and glistening to flora.

Summer's muggy air and the particulate matter it holds diffuses light and color, so plants have more of a misty glimmer, not a clear sparkle.

Muhly grass's clouds of purplish pink or white plumes make it one of the area's most popular ornamental grasses.

The color floats over the tightly rolled stiff leaf blades, moving in the wind. The plant grows up to about five feet tall.

Very low-maintenance and wildlife friendly, it tolerates drought, cold and salt, and provides cover for wildlife. And, it prevents erosion.

Winter's crisp air makes for stunning blue skies, too, highlighting the colorful leaves of deciduous trees like red maple.

If you choose your landscape specimens thoughtfully – remember the



Cool crisp air gives muhly grass a wintertime sparkle



After Virginia creeper drops its red leaves, wildlife easily find the purple-black fruit (upper right) amid the palmettos

adage "right plant, right place" – you'll spend less time maintaining the yard and more just sitting back and enjoying the color and sparkle.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *A Gardener's Guide to Florida's Native Plants* by Rufino

Osorio, *National Audubon Society Field Guide to Florida* by Peter Alden et al., *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, and hort.ufl.edu.

Plant Smart explores the diverse flora of South Florida.✧

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The Good Before The Bad



by Capt.
Matt Mitchell

The daily ups and downs of our winter fishing are giving fishermen banner days along with almost impossible days. This roller coaster of weather conditions are

without a doubt in charge. One day, your fishing a spring-time pattern by pitching shiners and catching snook, then the next day its too windy to even get out. Once you can get back on the water, it's back to shrimp fishing for sheepshead.

These fluctuations are all part of our winter fishing. This year just seems more extreme as one day I am in shorts then the next day in mylar ski pants. Watching the weather and getting out at the right time is crucial. Timing a trip to get out in the days as a major cold front approaches can bring the most amazing action. Miss it by a few hours, and you are stuck sheepshead fishing in a small craft advisory.

Over the past few weeks, I have taken on a wait-and-see approach to all my charters. Often, we have been waiting until the morning of the trip to get a better idea precisely when the

front will arrive. Neither the client or the captain wants to get beat-up in bad weather, though fishing on the razor's edge of eminent weather can lead to a banner trip.

This proved true this week while fishing with Ben and Colin down from Vermont. After catching bait in a rain storm, I picked them up at the marina in St. James City and headed straight to where we had caught fish the afternoon before. Getting rained on while heading out of the canal, 8-year-old Colin was a little scared about his first saltwater fishing trip. I reassured him that the bite would make up for our brief soaking.

While we set up on the shoreline, the bite was wide open. We caught big jacks and snook on almost every cast. Colin quickly got the hang of doing battle with these strong saltwater fish and managed to land a few snook right around 30 inches while his proud dad took pictures.

The moral of the story is trust your captain's judgement when it comes to Mother Nature. Our weather fluctuates quickly here in Florida, and trying to plan a fishing trip around a 10-day forecast is just not possible. Predicting the weather is tough for even us locals who make our living everyday on the water.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ✨



Eight-year-old Colin from Vermont had that banner day of pre-front fishing with Capt. Matt this week photo provided

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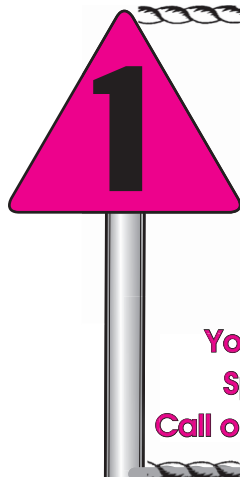
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CROW Case Of The Week:

Mangrove Fox Squirrel



by Bob Petcher

The mangrove fox squirrel (*Sciurus niger*) is a large tree squirrel that is listed as threatened in Florida. Known for its long, bushy tail and strong hind legs, this species of fox squirrel has the

ability to leap easily from place to place.

Mangrove fox squirrels dine on plant material including fruit, nuts, seeds and buds. If they had a preference, they would consume pine seeds, but will occasionally eat insects and bird eggs.

At CROW, an adult male mangrove fox squirrel was admitted with a severe case of mange. Mange is caused by mites and often leads to hair loss and scabbing skin. In the case of this squirrel, it caused large wounds with infected tissue on its front shoulders and hind legs.

Mange is also contagious and spread by direct contact.

"Yes, it is important to wear gloves and not come into direct skin to skin contact with the squirrel or the towels within its cage," said Dr. Robin Bast, CROW staff veterinarian. "As with all patients, it is important to wash hands immediately following handling."



Patient #20-605 is recovering from a bad case of mange

photo by Brian Bohlman

Dr. Bast was asked how such an animal would contract this type of mange.

"Typically, this happens secondary to another underlying condition that results in the immune system being suppressed. There is also a higher risk of getting this parasitic infection when large numbers of animals congregate abnormally in a small area and increase the likelihood of transmission – such as at inappropriate feeding stations," she said. "This is another reason, aside from it being against the law, that it is not recommended to feed wildlife."

The veterinary team removed infected

tissue, then cleaned the wounds and placed a honey bandage over the back leg wounds overnight. The following day, the bandages were replaced with suture seal.

"The wounds were flushed and manuka honey was applied initially to help manage secondary bacterial infection at the sites where the squirrel had injured itself. The wounds were created secondary to repeated scratching since this parasite causes pruritus or itchiness," said Dr. Bast. "Once the infection was under control, a product similar to liquid bandage was applied since the wounds were extensive and in

areas hard to keep bandaged in an active patient. Once the suture seal dried, it formed a waterproof, flexible barrier that prevented further contamination as the wound continued to heal."

CROW medical staff are providing the squirrel with antiparasitic and antibiotic medication to treat the mange, along with nutritional and wound management care. Additionally, they must take extra precautions, such as isolating the squirrel, to ensure the mites do not spread to other patients.

"The squirrel is being housed in a cage separate from other mammals, must be handled with gloves, and its cage appropriately disinfected to prevent spreading the infection. It has already received medication topically for the mites and, at recheck, no mites were found," said Dr. Bast.

After a week at the clinic, the patient appears to be on the mend.

"The patient's wounds continue to heal, and the mites are gone. It can take several weeks to recover, and for the fur to grow back," said Dr. Bast. "Since Florida usually has warmer weather, we won't have to wait for all the fur to grow back before the squirrel can be released, just for the wounds themselves to heal."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.✧

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Shell Of The Week

Ragged Sea Hare



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

Bursatella leachii pleii (Rang, 1828) reaches 80 mm (3.15 inches) in parts

of its geographic range in the western Atlantic. The vernacular (common) name derives from the presence of characteristic branched papillae, which impart a “disheveled” aspect to the slug. The species lacks the parapodia (wing-like expansions) that are typical of the larger sea hares in the genus Aplysia. It also completely lacks a shell in the adult stage (a shell is present in the larva and juveniles). Given the proper conditions, the species is known to occur in high densities of up to 660 individuals per square meter (about 11 square feet). Ragged Sea Hares lay their eggs in clear, gelatinous strands that resemble thin spaghetti. Read more about mollusks at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

The museum is open! The aquarium is scheduled to open in March 1. See



The Ragged Sea Hare, *Bursatella leachii pleii*, from Sarasota

photo by Ángel Valdés

more updates at www.shellmuseum.org. The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

Artist Showcase At Tower Gallery

Tower Gallery is hosting a special event celebrating artist Katie Gardenia on Thursday, March 12. Gardenia’s work will be showcased from

5 to 8 p.m. at the gallery, located at 751 Tarpon Bay Road.

Meet the artist and hear how she creates her magical fabric sculpture and fiber art. She will be signing copies of her book, *A Bubble Moment*, which is filled with recipes and stories from her days at the Bubble Room restaurant on Captiva.

From one of a kind cards to unique pillows, Gardenia’s work is adorned with whimsical detail. Her charm and wit show through in her work.

For more information, call Tower Gallery at 472-4557.

American Legion Post 123

The 4th annual 123 Sale to benefit Lee County Veterans’ Village opens this weekend at American Legion Post 123.

Saturday hours are noon to 6 p.m. and Sunday hours are noon to 8 p.m. There will also be a bake sale to benefit the auxiliary nursing scholarship program. Barbecued ribs and chicken will be served on Sunday.

The third Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 9 Ball pool tournament begins at 5 p.m. on Monday nights.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome. Contact Tim or Randy at 472-9979.

Post 123 is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.





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Victor Young oversees a burn from a fire break photo provided

Course Held On Ecosystem Management

submitted by Alex Horn

On February 13, Sanibel Sea School's Adult Education Series focused on prescribed burns and fire ecology on the islands. Participants learned about the importance of fire to local ecosystems, how animals and plants adapt to these pyrogenic habitats, and how humans mimic nature to help

maintain these specialized areas on Sanibel. Students traveled to Sanibel Gardens to meet the Sanibel-Captiva Conservation Foundation (SCCF) "Burn Boss," Victor Young, who oversees the safe implementation of prescribed fire. Young brought along the SCCF fire truck used in burns, as well as equipment to conduct, monitor and extinguish burns. Students were able to handle these items to get a better sense of the safety measures executed during a burn. The course was concluded with a guided walk through Sanibel Gardens, a preserve jointly managed by SCCF and the City of

Sanibel, to see how prescribed fires have enhanced the ecosystem and maintained natural habitats on the island. Did You Know? Prescribed fires are closely monitored, burn undergrowth to reduce heavy fuels, and burn at lower temperatures than wildfires. Designated "Burn Bosses" submit detailed "burn plans" which are legally binding documents describing the purpose of the burn, specific location, site description (habitat type), ignition method, weather conditions, site preparation and notifications to the public. Historically, a vast network of freshwater swales dominated by cord grass and sawgrass made up a majority of Sanibel's interior. Lightning and early human inhabitants frequently set fire to these habitats, creating a prairie-like habitat that is essential to animals like the Sanibel rice rat (found nowhere else) and gopher tortoise. Our wildlife is adapted to fire. During fires, animals seek shelter in burrows or flee to low-lying wet areas to escape the fire. SCCF's burn crews use techniques to insure animals have adequate escape routes, like making sure that the fire travels at a slower pace. Open spaces are left unignited to allow animals to escape. Frequent fires perpetuate critical habitat for gopher tortoises, birds of prey, wading birds, waterfowl, fish, invertebrates and many other species. Sanibel has a unique task force of partner agencies to conduct controlled burns. They are: SCCF, the Florida Forest Service, City of Sanibel Natural

Resources, Sanibel Fire Department, and the U.S. Fish and Wildlife Service. Visit www.sanibelseaschool.org to learn more about the Adult Education Series.✱

Art On The Veranda Sale



Artist Marcy Calkins chats with a customer photo provided

The Sanibel Captiva Art League will host another Art on the Veranda show and sale next Saturday, March 14 from 10 a.m. to 3 p.m. at Bailey's General Store, located at 2477 Periwinkle Way on Sanibel. Award-winning artists from the art league bring original works of art for viewing and sale. There will be watercolors, acrylics, oils, pastels, collage and other mediums. Styles and subjects are diverse and there is always a lot of local interest art.✱

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Friday. Daily presentations and Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, March 6, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Friday, March 6, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Why Animals Come to CROW (daily presentation).

Friday, March 6, 2 to 3:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Friday, March 6, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Wading Birds (daily presentation). One



of CROW's animal ambassadors will be present.

Saturday, March 7, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Saturday, March 7, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Baby Care at CROW (daily presentation).

Saturday, March 7, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – CROW Case of the Week (daily presentation). One of CROW's animal ambassadors will be present.

Monday, March 9, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Monday, March 9, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3

and under: no charge – Patient Profiles: Birds of Prey (daily presentation). One of CROW's animal ambassadors will be present.

Monday, March 9, 2 to 3:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Monday, March 9, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Gopher Tortoises (daily presentation). One of CROW's animal ambassadors will be present.

Tuesday, March 10, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Tuesday, March 10, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Species Profile: Snakes of Southwest Florida (daily presentation). One of CROW's animal ambassadors will be present.

Tuesday, March 10, 2 to 3:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Tuesday, March 10, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles:

Virginia Opossums (daily presentation). One of CROW's animal ambassadors will be present.

Tuesday, March 10, 4:15 p.m., adults: \$10, teens: \$5, age 12 and under: no charge. Advance registration highly recommended – Speaker Series presented by LCEC: Global Shark Conservation. Speaker will be Ryan Orgera, CEO of Sanibel-Captiva Conservation Foundation (SCCF).

Between 63 and 273 million sharks are killed annually – mostly for their fins. Sharks from Florida end up in Asian fin markets, and local fisheries and ecosystems depend on healthy shark populations. Orgera will explain the major threats to sharks globally.

Wednesday, March 11, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Wildlife Rescue 101 (daily presentation). One of CROW's animal ambassadors will be present.

Wednesday, March 11, 12 to 1:30 p.m. \$35 per person. Advance registration required – Lunch & Learn with Dr. Barron.

Spend part of an afternoon on CROW's campus and have lunch with the hospital director. Learn about CROW's work and how it is vital to Southwest Florida and beyond. Hear wildlife patient stories and end the program with a behind-the-scenes tour of the hospital.

Reservations include a boxed lunch catered by the Sanibel Deli and a tour of CROW's hospital and rehabilitation grounds.

Wednesday, March 11, 2 to

continued on page 28

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From left, presenting sponsors Mark and Debbie Wimmer, and Jenny Evans and Jeff Siwicke of SCCF reminding everyone to put on their favorite hats, or lampshades, for this year's unofficial end of season party photo provided

Hats On For Beer In The Bushes

Wimmer Communities, based in Wisconsin and with family ties to Sanibel, has stepped up again as the presenting sponsor for the Sanibel-Captiva Conservation Foundation (SCCF) 9th annual Beer in the Bushes, scheduled for Saturday, April 11.

"Mark Wimmer reached out to us after attending Beer in the Bushes in 2018, explaining that his family's connection to Sanibel dates back to the '60s," said Jeff Siwicke, event manager. "His immediate and extended family have much love for Sanibel and this fun, unofficial end-of-season event occurs at a time of year when they have family visiting."

Whether you're looking for new craft beer tastings, great food, world-class music, or just a chance to catch up with fellow islanders at the end of a busy

tourist season, Beer in the Bushes is the place to be.

SCCF reminds islanders and visitors to buy their tickets early and to put their thinking caps and come up with some fun hats to wear. Beer in the Bushes will be held on the grounds of SCCF's Nature Center, 3333 Sanibel-Captiva Road from 6 to 10 p.m. For more information, the craft brewery and band lineup, visit www.beerinthebushes.com.

Tickets are \$80. Advance purchase is highly recommended. All tickets include \$10 in Trux Bux redeemable for dinner choices from any of the food trucks located on site.

Beer in the Bushes is a smoke-free, rain-or-shine event. Proceeds support SCCF's mission of conserving coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed.

To learn more about sponsorship opportunities, contact Cheryl Giattini at 395-2768 or cgiattini@sccf.org.



Doc Bruce Neill will be leading the walk on Bunche Beach photo provided

Explore A Beach Of Distinction

submitted by Nicole Finnicum

There are few things better than exploring the edges of the ocean; every trip yields something new and often something unexpected. Shoreline exploration captivates people of all ages. And, Bunche Beach is one of Lee

County's very best beaches to explore.

Bunche Beach is a natural gem with a colored past – quite literally. In 1949, Bunche Beach was dedicated as the segregated beach for blacks – the only beach in Lee County where persons of color could go without risking arrest – it was a one-acre parcel.

Although no data exists for this, it is likely that Bunche Beach was widely used by the Calusa. It is a little ironic that

continued on page 24

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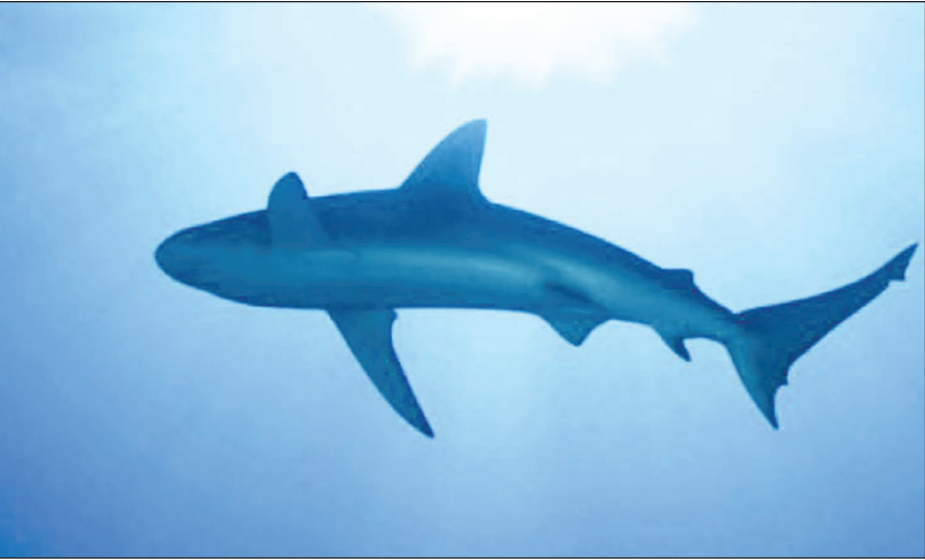


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Learn how a healthy shark population is critical to the ecosystem photo provided

Global Shark Conservation

The Clinic for the Rehabilitation of Wildlife (CROW) weekly Speaker Series continues in the CROW Visitor Education Center on Tuesday, March 10 at 4:15 p.m. with Ryan Orgera, CEO of Sanibel-Captiva Conservation Foundation (SCCF). Orgera will speak on Global Shark Conservation.

Between 63 and 273 million sharks are killed annually – mostly for their fins. Sharks from Florida end up in Asian fin markets, and local fisheries

and ecosystems depend on healthy shark populations. Orgera will explain the major threats to sharks globally.

Admission is \$10 for adults, \$5 for teens (ages 13 to 17) and no charge for children ages 12 and younger. Space is limited and events do sell out, so advance registration is highly recommended.

CROW's 2020 Speaker Series is presented by LCEC with weekly talks through April 14.

CROW is located at 3883 Sanibel-Captiva Road. For more information and to register, visit www.crowclinic.org/articles/2020-speaker-series-presented-by-lcec.

Sanibel Sea School Octifest Coming In April

Sanibel Sea School will host its annual Octifest celebration on Saturday, April 4 at 6:30 p.m. on the Sanibel Causeway.

All proceeds will support the organization's scholarship program. Scholarships allow Sanibel Sea School to offer low cost or no cost educational sessions for children in Lee, Collier

and Hendry counties. School field trips, classroom visits and after school field trips are offered to thousands of children each year, all of which are subsidized by funds raised through Octifest.

Attendees will have an opportunity to participate in the Give to Give event, where they can donate funds that go directly to purchasing program equipment, like seine nets, life jackets, masks and snorkels.

There will be a cocktail hour, sustainable dinner, live auction and wine cork pull. To purchase tickets, visit www.octifest.org or call 472-8585.

From page 23

Explore A Beach

perhaps Florida's first people, the Calusa, a people of color, likely found this beach attractive and that descendants of European occupiers later exiled people of color to these shores.

In 2001, the 705 acres of beachfront and adjoining salt marshes were purchased to establish Bunche Beach as a Lee County park. It is named for Dr. Ralph Bunche, who was awarded the Nobel Peace Prize in 1950 – the first African American to receive this honor.

Biologically, Bunche Beach is a very rich environment. It is an uncommon mangal beach – a long stretch of sandy beach amidst vast forests of mangroves. Ecologists call mangrove forests mangals. In Southwest Florida, mangals are extremely important for our marine

communities. Much of the energy available to our marine resources comes from mangals. In that sense, Bunche Beach is a beach positioned at the gateway through which massive amounts of energy flow to the sea.

Just about all aspects of Bunche Beach are different than those on our islands. Mangal beaches are very biologically rich environments. There is a high concentration of shorebirds. The size of the sand particles is different.

Come and join us as we explore our past and this very rich and different environment on Tuesday, March 10 from 8 to 10 a.m. We will be meeting at Bunche Beach Preserve. To register, visit www.sanibelseaschool.org or call 472-8585.

Part of the SCCF (Sanibel-Captiva Conservation Foundation) family, Sanibel Sea School's mission is to improve the ocean's future, one person at a time.

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Documentary Screening



by Kealy McNeal

On Thursday March 12 at 5 p.m., the Ocean Tribe Paddling Club will host a documentary screening of *The Passage* at Sanibel Sea School, located at 455 Periwinkle Way. Join us for

an “off the water” social hour with drinks, snacks and a short paddling documentary. The film is 25 minutes long.

Synopsis: In 1974, my 20-year-old parents and uncle Andy built their own canoes, launched them into the Pacific, and became some of the first people in modern history to canoe from Washington to Alaska up the Inside Passage. My brother and I grew up paddling those wooden canoes in the Virginia rivers and the 1974 adventure became legend in our family – shaping who we’ve become, how we view our parents, and how our parents view

themselves. In the summer of 2017, we renovated those canoes and with our aging parents completed their 1974 journey. *The Passage* is a story about growing up, growing old, and the wild places that define us.

Ocean Tribe Outfitters is a branch of Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit www.oceantribeoutfitters.org, or follow us on Facebook and Instagram.✱

Top 10 Books On The Island

1. *Salt River* by Randy Wayne White
 2. *Normal People* by Sally Rooney
 3. *Dear Edward* by Ann Napolitano
 4. *Mars Room* by Rachel Kushner
 5. *American Dirt* by Jeanine Cummins
 6. *Minute to Midnight* by David Baldacci
 7. *Scent Keeper* by Erica Bauermeister
 8. *Nothing to See Here* by Kevin Wilson
 9. *Educated* by Tara Westover
 10. *Blue Moon* by Lee Child
- Courtesy MacIntosh Books and Paper.✱

Shell Found



Dan DenBraber

photo provided

Dan DenBraber of Martin, Michigan found a junonia on February 28 on the beach in front of Sanibel Arms West. He found it just a few hours before he had to leave for the airport.✱

Shell Found



Kathy Shreve

photo provided

Kathy Shreve from Indiana found a large lightning whelk. She had just arrived on the island, walked out on the beach and found this beautiful shell.✱

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Island Currents

Following The Island Currents



by Kathy Kurtz Ferrari

We're heading to Sanibel's east end for the next couple of weeks. This area has its own community vibe with restaurants, shops and activities.

It's definitely worth turning left when you arrive on Sanibel, instead of the usual right on Periwinkle Way.

When I have guests visit, I always take them to **Gramma Dot's Seaside Saloon**, Sanibel's only waterfront restaurant, located at Sanibel Marina. You can even arrive by boat, which makes it more special.

Opened by longtime islander Myton Ireland in 1982, the restaurant has become an institution. Named after Ireland's mother, the original Gramma Dot who lived for nearly a century, the restaurant not only pays homage to its namesake, but to serving great food.

Gramma Dot's is open daily for lunch and dinner, with indoor and outdoor seating. On a nice day, this is one of the area's best places to dine – but you may have to wait for a table.

"We're always busy on a sunny day,"



Myton Ireland, owner of Sanibel Marina and Gramma Dot's, stands next to his Cessna 185 on display at the marina
photos by Kathy Kurtz Ferrari

said Ireland, who in his wisdom saw the need for a restaurant and added it to the marina after he bought it almost 40 years ago.

"The marina needs it, and it needs the marina," he said of the restaurant.

The marina is a pleasant place to visit, so it's not a bad experience if you have to wait for a table. There are boats coming and going, and some are for sale. (There's a whole new category of shopping for us!) Ireland even has his pontoon airplane on display. (I'm sure there's a story behind that; you'll have to ask while you're there.) You could also pass the time by going on one of the



Gramma Dot's Seaside Saloon is located at Sanibel Marina

marina's sightseeing cruises. (Your table should be ready when you get back.)

The lunch menu features appetizers and soups; creative salads accompanied by fresh fish or chicken; and great sandwiches served with fruit and homemade potato chips (which are addictive).

The dinner menu is filled with a variety of fish options to please any pescatarian, but there are chicken and beef choices as well. Dinners also come with a fruit filled chocolate shell. (May I please have two?)

Some of the recipes are based on Gramma Dot's own creations, but chef Mitch Zamunio, who has been at

Gramma Dot's for 18 years, has added his touch to the menu. "Every day I make a couple specials," he said.

Gramma Dot's Seaside Saloon, located at 634 North Yachtsman Drive, is open daily from 11:15 a.m. to 8 p.m. It is closed the month of September. For more information, visit www.sanibelmarina.com or call 472-8138.

If you didn't opt for dessert at Gramma Dot's, we're a short drive from Sanibel's best ice cream – at a place appropriately named **Sanibel's Best Homemade Ice Cream**.

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its recipe to make the ice cream better than ever.

"It's really creamy, really smooth, and we go aboveboard with putting our toppings in and things like that. So you get an extra bite of every ingredient," said owner Laurie Verme, explaining how three employees make the ice cream in a laboratory next door daily. "We try to make it so that it stands out amongst the rest."

The ice cream team also includes Verme's daughter Alice Verme, manager Shane Lawrence and several others. Her father Jay Verme and his dog Midnight often greet customers from a comfy chair on the outdoor patio.

Coming up with the magic formula for great ice cream wasn't easy. Verme flew in an expert from Pennsylvania who taught the team how to make delectable ice cream by taking out artificial ingredients and adding heavier cream. (So much for the waistline, but it's worth it.)

Of course, I had to taste some (it's a tough job, but somebody has to do it), especially with names like Sanibel Sea Shells – butter pecan with additional nuts, coconut, melted chocolate, caramel and chocolate chips; Sandpiper – caramel ice cream with chunks of caramel, chocolate chips, chocolate sprinkles and crushed Whoppers; and Nana and Pops Kisses – chocolate ice cream with peanut butter and peanut butter cups. I couldn't quite get in the mood to try Unicorn Poop – vanilla ice cream with rainbow sprinkles, M&Ms and marshmallow Fluff. "Oh my gosh, we sell so much of it," said Verme.

There are lots of other treats, like



Alice and Laurie Verme are dedicated to making the best homemade ice cream

smoothies, frappes and hurricanes – ice cream blended with various toppings.

Sanibel's Best has more than ice cream, as this great spot is really two great spots. On the other side, Sanibel Chocolate Shop and Patisserie offers a full service coffee bar, fabulous pastries sourced from bakeries throughout the area and an assortment of sandwiches to take to the beach. There's also ready-to-go containers of pasta salad handmade by Verme herself, with sundried tomatoes, peas, artichoke hearts, basil and pesto dressing. (It looks delicious but I didn't try it, as my palate was still enjoying the ice cream.)



Five-year-old Eli Brent, of Boston, enjoys his red velvet-flavored ice cream at Sanibel's Best Homemade Ice Cream

Since buying the business in November of 2017, Verme has worked hard to support the community. Most notably, she has partnered with Captains For Clean Water, donating a portion of the sales of new ice cream flavor Dolphin Tracks to clean water awareness. A raffle is currently being held to support the cause, with the drawing planned for Easter Sunday.

She is also active with the local chapter of American Business Women's Association. And she is excited to bring the science of ice cream to students at The Sanibel School, who will soon be learning how to create their own flavors.



In addition to the best homemade ice cream, fabulous pastries await at Sanibel Chocolate Shop and Patisserie

"I have great neighbors and we support each other," Verme added. "It's a great island."

Sanibel's Best Homemade Ice Cream and Sanibel Chocolate Shop and Patisserie are located at 362 Periwinkle Way. For more information, visit www.sanibelsbesthomemadeicecream.com or call 476-0796.

So until next time, enjoy the island currents!

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. If you have any questions or comments, email Kathy.islandsunnews@gmail.com. ✨

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Chicago Theatre by Marcy Calkins
images provided

Art League Exhibit Opening And Reception

Members of the Sanibel Captiva Art League are proud to present their 44th annual Juried Art Show (2020) with the Art Council of Southwest Florida. This eclectic, multi-media exhibit will occupy the Dunham Gallery at BIG ARTS, 900 Dunlop Road, from March 5 through 29. Hours for viewing are Monday through Friday,



Birth of Joy by Alane Enyart

10 a.m. to 4 p.m., and Sunday, 9 a.m. to noon.

Each year, the annual juried show features innovative works with subjects both abstract and representational, covering themes both unusual and familiar. Working in a variety of media, some of the best artists in Florida produce pieces to delight and intrigue the viewer. Explore this exceptional exhibit of original art created by members of the Sanibel Captiva Art League and the Art Council of Southwest Florida. The art council is a consortium comprised of 21 Southwest



Waterlilies by Rita Mach Skoczen

Florida art leagues.

The public is invited to the artists reception and awards presentation on Friday, March 6 from 5:30 to 7 p.m. Internationally recognized watercolor artist Kathleen Conover is the judge for this show. Conover's appealing creations demonstrate her ability to observe, reflect and experiment. While Conover exhibits her own work to wide acclaim, she is also much sought after as a judge and as an instructor.

For more information about the exhibit, visit www.bigarts.org or www.sancapart.org.



Island Marsh by Joan Tangren Reynolds

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From page 22

CROW Calendar

3:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Wednesday, March 11, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Virginia Opossums (daily presentation). One of CROW's animal ambassadors will be present.

Thursday, March 12, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Thursday, March 12, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation). One of CROW's animal ambassadors will be present.

Thursday, March 12, 2 to 3:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff. Not recommended for children under the age of 13. Photography opportunity with an animal ambassador.

Thursday, March 12, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Baby Care at CROW (daily presentation).✱

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Taco-Stuffed Bell Peppers

3 large bell peppers (your favorite color), halved lengthwise, seeds removed
 1 pound lean ground beef
 2 cups tomatoes, diced
 1 cup zucchini, diced small
 1 cup squash, diced small
 1 cup onion, chopped
 1 tablespoon garlic, minced
 1 lime, juiced
 1 teaspoon oregano
 1 teaspoon onion powder
 1 teaspoon smoked paprika
 1 teaspoon chipotle chili powder
 1 tablespoon chili powder
 2 cups Colby jack cheese, shredded (or your favorite)
 Olive oil, for cooking
 Various toppings, such as tortilla chips, sour cream, and cilantro
 Sea salt and fresh ground pepper, to taste

Preheat a large sauté pan over medium-high heat. Preheat oven to 375 degrees. Add olive oil to preheated sauté pan. Add chopped onion to the pan and cook until translucent. Add garlic and ground beef to the cooking onions. Brown ground beef and drain



Taco-Stuffed Bell Peppers

any excess fat. Add the lime juice, dry spices, tomatoes, zucchini, and squash; stir to combine. Remove from heat and let cool slightly. Add about half of the cheese to the beef mixture and stir to combine. Evenly stuff each pepper half with the beef mixture. Top each stuffed

pepper with the rest of the cheese. Place stuffed peppers on a cookie sheet and bake in preheated oven for 15 to 20 minutes. Remove from oven and let cool slightly. Serve warm with chips, salsa, and sour cream.✪

photo courtesy Fresh From Florida

LIVE ON THE ISLANDS

Cielo has live entertainment Tuesday through Sunday with pianist and vocalist Scott McDonald.

Island Cow has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. Dan Confrey returns on Sunday.

The Jac Island Bar & Grille has live entertainment on Friday with Chris Topher. Mike Oldham and Neon Summer play on Saturday. On Sunday, it's CJ Matthews. Monday is karaoke. The Flying Hasselhoffs play on Tuesday. The Po Boys perform on Wednesday. Matt Freed and James Prather play on Thursday.

MudBugs Cajun Kitchen has live entertainment on Friday with Dave Collaton. TJ Brown plays on Saturday. JD Ingalls performs on Monday. Tom Beckman plays on Tuesday. On Thursday, it's Yard Dog Charlie.

Sundial Beach Resort & Spa: John McLane performs on Sunday at Turtle's Pool & Beach Bar. At Sea Breeze Cafe, it's Dan Confrey on Monday and Chris Casdoia on Wednesday.

Traders Coastal Cuisine has live entertainment on Tuesday and Thursday with Danny Morgan and Friends. Chris Workman plays on Wednesday.

Restaurant owners/managers, email your entertainment schedule to press@islandsunnews.com.✪

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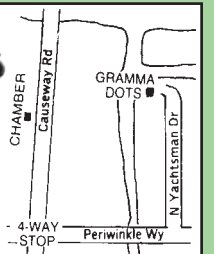


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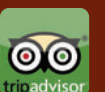
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The Community House

Sweet Potatoes And Yams



by Resident Chef Jarred Harris

The terms “sweet potato” and “yam” are often used interchangeably in recipes and at the grocery store. In fact, they are two totally different root vegetables.

The sweet potato is a member of the morning glory family and native to Central and South America. It has flesh that comes in an array of colors: red, white, purple, orange, pink, violet and yellow. At the beginning of the 20th century, sweet potatoes were the second most important root crop in America. Sweet potatoes are high in beta carotene, vitamins E and C, iron, potassium, fiber and vitamin B6.

The true yam is related to the lily and has been around since 8000 BC. Native to Africa and Asia, the true yam is the tuber of a tropical vine and not related to the sweet potato at all. The yam is much sweeter and larger than the sweet potato, with far less nutritional value. True yams

can grow over seven feet in length and weigh over 150 pounds.

It is believed that the word yam comes from the African term “nyami,” which means to eat. African slaves began calling the sweet potato “yam” because it reminded them of the true yam. Therefore, the sweet potato is called “yam” across the southern parts of the country.

The true yam can be found in Caribbean and Latin markets, while the sweet potato is readily available in most supermarkets.

Here is a delicious recipe for you to try, using sweet potatoes or yams.

Scalloped Yams or Sweet Potatoes

Ingredients

- 3 large sweet potatoes or yams (thinly sliced)
- 16 ozs. heavy cream
- 2 tbsp. ground nutmeg
- Kosher salt
- Fresh ground pepper

Method

Preheat oven to 375F. In an oblong baking dish, arrange ¼ of the sliced potatoes in a shingle pattern. Lightly salt and sprinkle a pinch of nutmeg after each layer.

Place another layer of sliced potatoes on top of the previous layer and lightly salt, pepper and sprinkle a pinch of nutmeg.

Continue the process until all the potatoes are in the baking dish.

Pour the heavy cream on top of the potatoes and cover with foil. Place the foil covered dish on a baking tray and place in the oven.

Bake for 45 minutes, then remove foil and bake for an additional 15 minutes.

Remove from oven and serve hot.

Resident Chef Jarred Harris heads the Culinary Education Center at

The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.*



Sunworshippers by Sissi Janku

image provided

Colorful Sips Painting Class

Sissi Janku will host a Colorful Sips acrylic painting class at The Community House on Wednesday, March 11 at 7 p.m.

Beginners to advanced painters are welcome. Bring your own snacks and beverages. All other supplies will be provided. Cost is \$55 for members and \$65 for guests.

The Community House is located at 2173 Periwinkle Way on Sanibel. For more information, call 472-2155.*



Saturday, March 14th



Lunch - 12:00pm

Showtime - 1:00pm



Tickets - \$10

RSVP
239-472-2155 or
SanibelCommunityHouse.net

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Dinner - 5:00pm

Showtime - 6:00pm

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To arrange for your seat and engraved plaque, call the BIG ARTS Box Office at 239.395.0900.

www.BIGARTS.org



Orchid Society Meeting To Include Webinar

The Sanibel Captiva Orchid Society will have a slightly different format at its Monday, March 16 meeting. Ron McHatton, who is currently American Orchid Society's chief education and science officer, will present a webinar based on his monthly Greenhouse Chats he does for the American Orchid Society (AOS). The webinar, *Secrets of an Orchid Pro*, will cover background and basic information similar to a podcast's form of taking questions from members. The meeting will take place at 1:30 p.m. at St. Michael & All Angels Episcopal Church, located at 2304 Periwinkle Way on Sanibel.

Orchid enthusiasts are encouraged to come to the meeting's fundamentals session at 1 p.m. to hear members talk about their techniques for growing orchids. The subject will be March Maintenance – Preparing for Summer. Anyone with questions or an "ill orchid" that needs diagnosis can bring their plants to the meeting during show and tell. Orchid society members are invited to participate in a monthly show. Ribbons are awarded for best hybrid and best species orchids. Most meetings will have orchids for sale as well as an orchid raffle. Annual society membership is \$25 for individuals and \$45 for couples. Guests are \$5. For more information,



A variety of colorful orchids available for sale at the February meeting

photo provided

visit www.sancaporchid.org.

The orchid society will host a field trip in lieu of its April meeting. A bus has been reserved for Tuesday, April 21. There will be a tour of the landscaped grounds of RF Orchids in Homestead as well as OFE International, an orchid materials supplier. Cost of the trip is \$50 which includes lunch. Checks only. Register for the trip at the March meeting or call Josephine Smith at 517-375-6065.✽

BIG ARTS Monday Night Film Series

Transit

by Di Saggau



The BIG ARTS Monday Night Movie for March 9 is *Transit*, a drama from France based upon a 1944 novel by Anna Seghers. Set in World War II, the film unfolds mainly in the port city of Marseille, where people are desperate to book passage on ships leaving France as Nazi troops invade the country. Georg, a German refugee in France, assumes the identity of a writer who has committed suicide. While stuck in Marseille, he falls in love with Marie, the dead man's wife. Recognizing another lost soul, he wants to make a home with her. Georg has escaped from Germany, with hopes of ending up elsewhere. Surrounded by others in perpetual transit, and in taking someone else's identity, Georg loses his own.

Georg has a scar on his lip from a repaired cleft palate. He's vulnerable, pensive, and romantic. After delivering news of a comrade's death to the man's deaf wife, Melissa and young son, Driss, he is drawn back to their apartment and that's when his character wins you over. He fixes the boy's broken radio, and the tune that comes out is from a song Georg's mother used to sing to him when he was a child. As Georg sings along, Melissa, signing quickly, tells her son she'd like to watch George sing the song again. He does, and it's an exquisite moment in an extraordinary film that



image provided

depicts Georg's fraught state of being. The film is full of surprises and it drifts toward a *Casablanca*-like climax. The film runs 108 minutes. Moderator for the evening is Pam Weiner.

Admission to the Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in the new BIG ARTS Christensen Performance Hall. Tickets are available online at www.bigarts.org, at the BIG ARTS box office, 900 Dunlop Road, and at the door the evening of the movie. For more information, call 395-0900.✽

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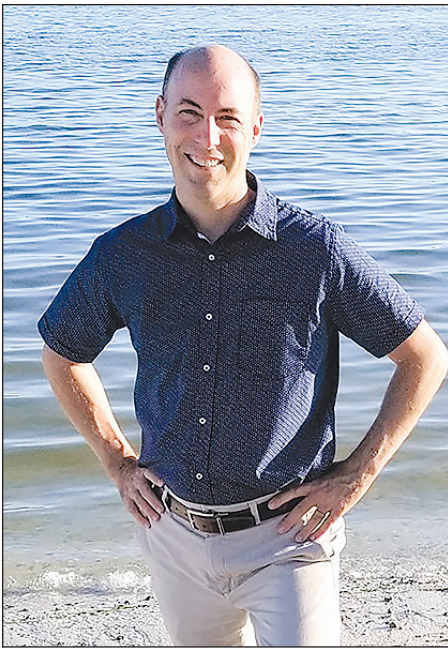


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Dr. Brian Formolo

photos provided

Programs At Sanibel Public Library

Sanibel Public Library offers storytime for preschoolers and their caregivers on most Wednesdays and Thursdays at 11 a.m. Family storytime helps develop pre-reading skills through songs and stories. Length is approximately 20 to 30 minutes plus craft and activities that follow. There will be no storytime on March 11 or 12.

The After-School Crew (for kindergarten through fifth grades) will meet at 3 p.m. on the following Thursdays; March 19 and 26. There will be new books, puzzles, games, crafts and snacks.

Teen Scene, for ages 12 to 18, was rescheduled to 6 p.m. on Thursday, March 26. Teens can hang out, socialize, play games, create and have a bite to eat. Registration required.

On Friday, March 6 at 10 a.m., Richard Gollin presents a program on the development of the V-2 rocket; the world's first long-range guided ballistic missile. The missile, powered by a liquid-propellant rocket engine, was developed during World War II in Germany to attack allied cities.

Duane Shaffer will present his World War II 1942 program about the Soviet Naval Base at Sevastopol at 10 a.m. on Friday, March 13. The Soviet naval base at Sevastopol was a valuable target. Its importance as a potential naval and air base would enable the Axis to conduct far-ranging sea and air operations against Soviet targets and protect the important Romanian oilfields to the southwest.

Demaris Peters Pike returns with her program *Que Sera, Sera – Remembering Doris Day* at 10 a.m. on Monday, March 16. Peters Pike recounts Doris Day's youth in Cincinnati, her start as a big band singer, and amazing rise to stardom in movies includes several well-loved



Demaris Peters Pike as Doris Day

songs associated with the star such as *It's Magic*, *My Secret Love* and *Sentimental Journey*.

Bring your own phone, tablet or laptop to the library on Tuesday, March 17 at 10 a.m. for a one-hour session on social media, led by librarian Beth Jarrell. Learn about Facebook and Instagram settings, how to keep your personal data secure, make phone calls on Facebook Messenger, send a private messages and post photos.

Licensed insurance professionals from Informed Choice will present a program about Medicare at 1 p.m. on Tuesday, March 17. Whether you are turning 65 or are 65-plus and still working, this seminar will help you make an informed decision about your Medicare options. Food will be provided. Register by calling 208-7090. Presenter is not connected with the federal Medicare program.

Dr. Brian Formolo will teach you how to lose weight and keep it off. On Friday, March 20 at 10 a.m., he will speak on how to optimize your metabolism. A resident of Sanibel, Formolo has 23 years of experience as a holistic chiropractic physician.

The public is invited to these programs. There is no registration required, (unless stated) and no additional cost to participate.

The VITA Program of United Way of Lee, Hendry, Glades, and Okeechobee Counties can help you prepare and e-file tax return if your 2019 household income was \$66,000 or less. To make an appointment, call 211 433-3900 or register online at www.UnitedWayLee.org.

Stop by the library to see hundreds of beer tap handles, pilsners and brew ephemera on loan from Rick Goodrich.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor cards are available for a \$10 fee and are good for one year.

Sanibel Public Library is located at 770 Dunlop Road. For more information, call 472-2483 or visit www.sanlib.org.*

SANIBEL *Music* FESTIVAL

2020 Classical Concert Series



Rolston String Quartet

This Canadian quartet was the 2018 recipient and first international ensemble chosen for the prestigious Cleveland Quartet Award from Chamber Music America. Named among CBC radio's "30 Hot Canadian Classical Musicians Under 30."

Saturday, March 7



Boston Chamber Music Society with Ann Hobson Pilot, Harp

Versatile musicians who come together in different instrumental combinations. Boston Globe calls them "vivid, compelling and first-rate." Ann Hobson Pilot, former principal harpist of the Boston Symphony Orchestra for 29 years, performs around the world.

Tuesday, March 10



2020 Chopin National Piano Competition Winner

Competition designed to offer performance opportunities and financial support to young American pianists. Winner will be announced after March 1, 2020 and is eligible to compete in the International Chopin Competition held every five years in Warsaw Poland.

Saturday, March 14



Gould Trio with Robert Plane, Clarinet

Compared to the great Beaux Arts Trio, the Washington Post praises them for their "musical fire" and "dedication to the genre." Robert Plane won "Best Concerto Recording" award from Classic CD Magazine.

Saturday, March 21



Singing Andrew Lloyd Webber, Superstar of Song and Stage by Opera Theater of Connecticut

Webber, one of the most successful composers of our times, is best known for his musicals *Jesus Christ Superstar*, *Cats*, *Evita*, and *Phantom of the Opera*. Celebrate his career with OTC's professional singers performing selections from his acclaimed shows. Artistic Director Alan Mann will add his unique commentary from the stage.

Tuesday, March 24



Emerson String Quartet

Inducted into the Classical Music Hall of Fame in 2010, The Emerson stands alone in the history of string quartets. Over the last four decades they have made more than 30 acclaimed recordings, won nine Grammys and the Avery Fisher Prize, to name only a few of their accomplishments.

Saturday, March 28

**At Sanibel U.C.C. 2050 Periwinkle Way
on Sanibel Island**

Concerts at 7:30 pm • Tickets: \$50

Tickets at

**www.sanibelmusicfestival.org
or visit the box office ½ hour prior to performances.**

Tickets available at Bank of the Islands, Cash and Check only



Sanibel Music Festival is grateful for the support of
Lee County Tourist Development Council



Book Review

My Name Is Eva



by Di Saggau

The phrase, “You can pay a terrible price for keeping a promise” is written prominently on the front cover of *My Name is Eva* by Suzanne Goldring. This is a book I absolutely loved

and found extremely hard to put down. Evelyn Taylor-Clarke, Evie to loved ones and Eva in another time period, is at Forest Lawns Care Home in the heart of the English countryside. In her 90s, Mrs. T-C, as she now prefers to be called, is among many residents whose minds are not as sharp as hers. She is a woman with secrets, and she remembers them all. But in order to keep her secrets, Evelyn pretends she has dementia. She plays games with everyone who talks to her, and she enjoys it so much. It’s fun for the reader to know her thoughts as she carries on a conversation with her niece Pat or the inspector who calls on her often.

Evelyn maintained her independence until she fell while trying to reach some suitcases on a top shelf of her closet. The suitcases contain many of her secrets, secrets she does not want anyone to know about while she is still alive. Reading through this gripping and

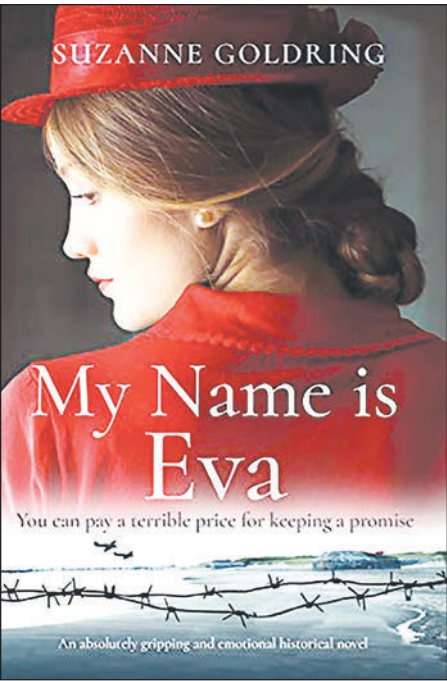


image provided

emotional historical novel, we get to know her secrets. This is a phenomenal story of courage, love, betrayal and murder during World War II. The author does a terrific job working the past in with the present. We learn so much about Evelyn in letters she writes to her husband, even though she knows he is dead. When she discovers how her husband died, she makes a promise to find the man responsible. Every day she opens a drawer in a dressing table that contains a special button that has special

significance in the story.

Those who have read the book give it high marks, including, “This may be my new favorite book,” “A phenomenal read,” “Everything about this book is amazing,” and so many more. The author talked to many women in a retirement home to learn how Evelyn would adapt to her new environment in the book. In talking to the residents about their life stories, she discovered that an agile mind can often still inhabit a

frail body and how important it is for the elderly to retain freedom of choice and maintain their dignity.

My Name is Eva is historical fiction at its finest and involves a great deal of research on the times and places involved. This includes a location in Germany known as “The Forbidden Village” where Eva finds the man who gambled with her husband’s life. This debut novel leaves me looking forward to another from Suzanne Goldring.✧

School Smart



by Shelley M. Gregg, NCSP

Dear Shelley, My son is in second grade, and he’s been having a difficult time in math for several months. He did so well last year. What should

I do?

Ellie R, Fort Myers

Ellie,

Second-grade math is different from first-grade math and can be especially tricky for kids. Kids who were doing math on their fingers now have to do it in their heads. Place value and two-digit operations require kids to think in new ways which is always challenging.

In first grade, most of the math kids do can be done on their fingers. Kids are adding or subtracting single digit numbers, like 7 + 4. And they’re getting more comfortable with math symbols, like the +, – and = signs.

In second grade, there’s a big jump in conceptual math, and children have to start doing math in their heads. Math problems are less concrete, more abstract and, as kids get older, math becomes increasingly more abstract. An example of this is when children start working with place value. They’re adding and subtracting two-digit

numbers, like 15 + 24. For these problems, kids can’t use their fingers. Sometimes, they can use physical objects, like blocks or counters, to solve problems but eventually kids have to do the problems in their heads or with symbols on paper.

Another big difference in second grade is that now students are more or less required to explain how they got their answer. Getting the right answer isn’t enough, and children need to explain why it’s the right answer. This is a huge challenge for many students. Lots of kids who are skilled at math can solve a problem, but they may have a lot of trouble explaining how they achieved their answer. They are often required to explain their answer using specific tools like number lines and bar graphs. These graphic tools typically help children develop a deeper understanding of math concepts, but it does take time to learn how to use them and how to explain the process.

If your child is having a hard time with math in second grade, talk to your child’s teacher. The teacher can help you figure out where your child needs help. Make sure to ask about if and how your child participates in class, what concepts your child has mastered and which concepts she needs help with and, of course, how you can help at home.

Often, simple tools can help. Graph paper is great for kids to line up math problems, especially ones with place value. Having a scratch pad handy can

continued on page 37

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Rising Chamber Stars Featured At Music Festival

On Saturday, March 7 at 7:30 p.m., Sanibel Music Festival presents the Rolston String Quartet, named among CBC radio's 30 Hot Canadian Musicians Under 30. "This rising chamber music group was founded in 2013 by cellist Jonathan Lo, a Vancouver Academy of Music alumnus," said Jana Stone, Sanibel Music Festival president. "And although they are young, the quartet is lauded by critics for 'impeccably blended sound' and 'astonishing harmonic maturity.'"

Sanibel Music Festival is a volunteer organization presenting a concert series of chamber music, piano recital and vocal ensemble of the highest caliber every year in March. Following the Rolston String Quartet, five more concerts will be held at 7:30 p.m. on selected Tuesdays and Saturdays at the Congregational United Church of Christ, located at 2050 Periwinkle Way. Visit www.sanibelmusicfestival.org or call the hotline at 344-7025 for \$50 general admission and free student tickets. Tickets are also available at Bank of the Islands, 1699 Periwinkle Way, with check or cash only.

"The Rolston String Quartet is quickly making a name for themselves and we are delighted to showcase their talent for the Sanibel audience," said Sue Pick, Sanibel Music Festival Music Committee chair. "Their debut album, *Souvenirs*, was released last November to critical acclaim



Rolston String Quartet, from left, Emily Kruspe, Luri Lee, Hezekiah Leung and founder Jonathan Lo

photo provided

and was just awarded Recording of the Month for March 2020 by *BBC Music Magazine*."

"We crafted the performance on March 7th to showcase the quartet's beguiling sound," said Pick. "They will present Haydn *String Quartet in G minor, Op. 74, #3*, Mendelssohn *String Quartet in A minor, Op. 13*, and Schubert *String*

Quartet in D minor, D. 810."

Rolston String Quartet honors include the prestigious Cleveland Quartet Award from Chamber Music America, winning the 12th Banff International String Quartet Competition and taking Grand Prize at the 31st Chamber Music Yellow Springs Competition. The group tours globally and has served as quartet-in-residence at both

Yale School of Music and Rice University's Shepherd School of Music.

"The name Rolston String Quartet was inspired by violinist Thomas Rolston, founder of the Music and Sound Programs at the Banff Centre for Arts and Creativity near Calgary, Canada," said Lo. "Luri Lee plays a Carlo Tononi violin, generously on loan from Shauna Rolston Shaw. Emily Kruspe plays a 1900 Stefano Scarampella violin, on loan from the Canada Council for the Arts."

For more information visit <http://www.rolstonstringquartet.com>.*

From page 36

School Smart

get your child into the habit of showing work. Mechanical pencils and good erasers may also help.

Finally, don't let struggles get your child down. One of the best things you can do is talk about what that feels like, and share times when you've also felt frustrated by your own challenges. Tell your child that everyone struggles with something, and there are ways to get better at math and that you will help your child be successful.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

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Nancy and Chip Roach photos provided



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Venetian Masquerade Benefits FISH

FISH of SanCap held its 7th annual Go FISH! fundraiser on March 1 at The Sanctuary Golf Club featuring a Venetian Masquerade theme. FISH President and CEO Maggi Feiner said, “This is our most important fundraiser of the year, as every dollar raised goes directly back to this community. We are thrilled at the success of the evening, and humbled by the generosity of our community.”

With a continual increase in demand for services, FISH showcased Island Giving opportunities to bring awareness to its programming and to give guests the opportunity to donate towards one or more of the programs offered by FISH. Auctioneer Tommy Williams led the live auction, where guests bid on items to support the organization’s mission. Local talent Amy Sbarra, with accompanying pianist Stu Shelton, entertained guests with jazz, swing and other musical favorites.

“This fun-filled evening helped to raise funds and awareness for FISH, an organization that is near and dear to our hearts,” said Pat and Mike Boris, honorary event chairs. “We always look forward to and enjoy this magnificent evening with those that support FISH and our community.”

Guests learned about the clients of FISH through testimonials, which were



Ed and Catherine Anderson

read by Maria Espinoza, food programs director and Kathy Monroe, program director. A short video and speeches by Feiner and Alicia Tighe, executive director, informed guests about 2019 accomplishments and future plans for programming and growth.

Last year, FISH answered 20,885 service requests for 5,544 individuals. Its food pantry distributed almost 250,000 pounds of food, and nearly 200 volunteers provided 7,455 hours of service to the Sanibel and Captiva community.

To learn more about the programs and services offered by FISH of SanCap, call 472-4775, visit www.fishofsanacap.org, or stop by the FISH Walk-in Center, located at 2430 Periwinkle Way on Sanibel.*



Dick and Emily Muench



Mike and Debbie Szymanczyk



Merill Taylor and Jim Reed



Ben and Jeanine Smith



From left, John Dubuque, Al and Sally Hanser, and Kathy Dubuque



From left, Ken Gertsen, Bob and Betty Van Tassel, and Carol Gertsen



Andy and JoAnn McKelvey

photos provided



From left, Laura, Steve and Marty Uhle



Bill and Heather Millar

Shadow Dance Troupe Draws Crowd At BIG ARTS

America's Got Talent finalists Catapult brought their critically acclaimed act to Christensen Performance Hall at BIG ARTS on February 21. The talented Catapult dancers work behind a screen to create astounding shadow images. The audience was wowed as the dancers took the form of animals, plants, furniture and more.

For a full schedule of performances, fine arts exhibits, films and workshops, visit www.bigarts.org or call 395-0900. BIG ARTS is located at 900 Dunlop Road on Sanibel.*

Our email address is
press@islandsunnews.com



Back from left, Jency Latta, Fred Lynch, Joy Ferrer, Kelly Asplundh, Jackie Asplundh, Ric Asplundh and Kathi Ivey. Front from left, Debbi Lynch, Leslie Fleischner and Hans Fleischner



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Sanibel Woman Installed As Chief Commander

submitted by Pat Schmidt

At the February 15 annual meeting of America's Boating Club, Mary Paige Abbott began her two-year term as the chief commander of the international boating organization, which has a membership of over 30,000. In the 106-year history of the club, Chief Commander Abbott is the first woman to lead America's Boating Club.

Abbott's love of the water reaches as far back as her grandfather who was classically trained as a sea captain from Scotland, and each generation following has gained vast experience on the seas.

Her professional life centered on marketing communications at the local, regional and, finally, the international



Newly-installed Chief Commander Mary Paige Abbott with past Chief Commander Frank Dvorak photo provided

level. Her career served her well for her current position as a national leader. In an interview for this article, she commented on two lessons that have served her well over the years:

Volunteer experience is invaluable for working with people.

"Work" is fun when doing something you love and believe in.

Abbott started boating as a youth, and her varied experiences on the water have prepared her well for her role as chief commander. Both a sailor and a power boater, Abbott has owned/operated a range of boats: her first being a Sunfish ("tied on the roof of my Toyota Celica"); her (and husband Steve's) final boat being a 2008 Maritima model 48, 52-foot flybridge motoryacht that they traveled all over Florida, The Bahamas and Abaco Islands.

A member of America's Boating Club of Sanibel-Captiva since 2000, Abbott "rose through the ranks," teaching

continued on page 6B



Hand-painted bag by Jeannine Desmarais photos provided

Auction For Painted Bags To Benefit FISH

Sanibel Captiva Art League members are back with their hand painted Bailey's reusable shopping bags. Again this year, the bags will be on display at Bailey's General Store and will be up for bid in a silent auction.

"We have 40 Bailey bags hand-embellished by our talented local artists," said SCAL artist Jeannine Desmarais. The bags feature local scenes and fauna painted in oil, acrylic or watercolor;



Sanibel Captiva Art League members displaying their hand-painted bags at The Community House

some are adorned with quilting or other textile art. They are ready for bids and all proceeds go to FISH of San Cap."

This anticipated annual event begins with artists taking a green Bailey's recyclable shopping bag and transforming it into a piece of original art. The artists contribute their time, supplies and talent. Bailey's General Store donates the bags, storefront and lots of support. "We appreciate all the support that we receive from the Bailey's

family and staff for this important FISH fundraiser," said Desmarais. "It's easy to bid on the bag you want - just come in the store and they are right up front." The bidding starts at \$20 per bag and the sky is the limit. You take home a unique Bailey's shopping bag beautifully transformed into artwork and it's for a terrific local cause.

The bags will be on display for your bids during the month of March. The last day of bidding will be March 28.

FISH receives 100 percent of the bids and will even ship your bags to you if you are not on the island.

"I really enjoy the creativity it takes to transform the bags," said Desmarais. "This year we have birds, shells, animals, portraits, beach scenes and more - every year we find new ways of expressing Sanibel and Captiva."

Bailey's General Store is located at the corner of Periwinkle Way and Tarpon Bay Road on Sanibel.✱

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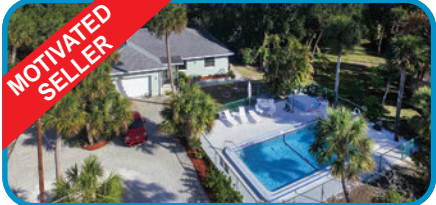


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Dr. Mary Beth Saunders photos provided

Talking Points
Series Tackles
Immunization

In an era of stunning technological advances, controversy and misinformation continue to swirl around the basic health question of when, how and even whether a child or adult should be vaccinated against particular infectious diseases. On Tuesday, March 10 at 4 p.m., the final program in this year's BIG ARTS Talking Points series at BIG ARTS Strauss Theater will tackle this subject with the informed commentary of two local experts on the topic of Immunization and Global Health. Sorting fact from fiction and providing an overview of the current science of immunization will be Dr. Mary Beth Saunders, director of the Infection Prevention Department at Lee Health, and Dr. Stephanie Stovall, director for pediatric infectious diseases and epidemiology at the Golisano Children's Hospital of Southwest Florida. Medical science has provided both the factual information and the means to combat a wide array of diseases through routine vaccinations. But in parallel with these advances, other technologies, principally the Internet, have allowed the spread of misinformation, speculation, and anxiety about these basic tools of disease prevention. Add the worry over irruptions of new diseases, such as the current outbreak of a novel coronavirus, and the risks of misinformation and unwarranted panic mount. "Historically, medical care focused on making diagnoses and curing patients. We still do that, but our job also requires convincing people to use the treatments that science provides to prevent disease and death," said Dr. Stovall. Take something as simple as the



Dr. Stephanie Stovall

annual flu shot. Influenza viruses are continually mutating, which requires the annual updating of an effective vaccine. There were over 6,500 deaths in the United States from the flu in 2017 (versus around a thousand from coronavirus thus far). Yet only a little over a third of adults ages 18 to 49 received a flu shot, and less than half of adults ages 50 to 64 were vaccinated against the flu. Adults ages 65 and over fared better, with over two-thirds receiving the vaccine, but the overall rate of immunization is less than what it should be in an advanced, economically enabled society. "Twenty-first century medicine is at a point where many of the diseases that would end in tragedy can be prevented or attenuated if we can protect our most vulnerable populations from effects of misinformation perpetuated by non-scientists," said Dr. Stovall. In her talk on Tuesday, Dr. Stovall will cover the sorry phenomenon of "vaccine hesitancy" and its effect on health of children and adolescents: return of previously nearly eradicated diseases, unnecessary deaths and inability to prevent chronic diseases like cancer. Dr. Saunders said, "Vaccine preventable disease has been among the top 10 achievements for public health in this century. The past decade has been marked by many lives saved because of vaccination, substantial declines in preventable diseases such as pneumococcal pneumonia and the continued eradication of past devastating diseases such as polio." There will be a Q&A session following the talks. Tickets are \$20 and include a wine reception with the speakers following the program. For tickets, visit www.bigarts.org, call 395-0900, or visit the box office, located at 900 Dunlop Road on Sanibel. Tickets will also be sold at the Strauss Theater, 2200 Periwinkle Way, on the day of the event starting at 3 p.m. The BIG ARTS Talking Points series is sponsored by The Sanibel Captiva Trust Company.✴

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Volunteers work to restore the community and provide relief to the Green Turtle Cay community photos provided

Sanibel Sea School Thanks Community

submitted by Nicole Finnicum

Sanibel Sea School was quick to answer the call after Hurricane Dorian struck the Bahamas on September 1 of last year, asking our community for donations to help the small island of Green Turtle Cay, located just east of Treasure Cay. Through the generous donations that poured in, Sanibel Sea School has sent over 120 volunteers to Green Turtle Cay to help with the rebuilding of the island. Almost every single standing home on

the island had some sort of roof damage – if they even had a roof left at all. Volunteers that went over to Green Turtle Cay spent their time on roofs removing shingles and repairing holes, helping ensure the locals in the community had a dry place to sleep. Since, Sanibel Sea School began sponsoring volunteer flights to Green Turtle Cay, over 75 houses are now dry and livable. Along with coordinating volunteers and sponsoring flights over to Green Turtle Cay, Sanibel Sea School was able to purchase over \$15,000 in construction tools and supplies. On January 1, Sanibel Sea School donated the remaining funds of \$75,000 to the Green Turtle Cay Foundation to help with the long-term relief efforts of the



Volunteers assist with roof repairs on Green Turtle Cay

island and restoring the community. Hurricane Dorian was the most intense tropical cyclone on record to strike the Bahamas, and is regarded as the worst natural disaster in the country's history. The Category 5 185mph hurricane made landfall on September 1, hovering over Greater Abaco for 30 hours. The destruction from Dorian left the Bahamian islands almost unrecognizable. Our Bahamian neighbors needed a lot of relief assistance immediately after the storm and help with long term recovery. One of the recent volunteer groups that went over to assist Green Turtle Cay was coordinated through Sanibel's St. Michael and All Angels Episcopal Church. The Sanibel team consisted of Jerry and Linda Davenport, Douglas

Veits, Julie Vergin, Joan Desilets and Michael Grashuf. They worked exclusively on St. Peter's Church doing grounds cleanup, landscaping, floor tile preparation, rectory exterior wall prep for painting, plumbing, concrete form setting and more. The team reported that restoration of the church has come a long way, but there's still much to be done. Sanibel Sea School wants to thank everyone who contributed to the Green Turtle Cay relief fund and we want to remind everyone that we all need a little help sometimes. Part of the SCCF (Sanibel-Captiva Conservation Foundation) Family, Sanibel Sea School's mission is to improve the ocean's future, one person at a time.*

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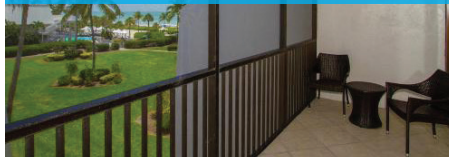
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 - Best of the Best Location
- \$2,495,000 MLS 220009343**
Trevor Nette 239.281.4435

SHELL HARBOR**917 LINDGREN BLVD., SANIBEL**

- Remodeled, Canal, 3 BR, 2 BA, Pool/Spa
 - 3D Virtual Tour: www.917Lindgren.info
- \$940,000 MLS 220010953**
Bob Radigan & Sean Radigan 239.691.6240

SOUTH SEAS ISLAND RESORT**606 MARINA VILLAS, CAPTIVA**

- Added Privacy, High Ceilings, Top Floor
 - 2 BR, 2 BA w/Westerly Views
- \$736,000 MLS 219051837**
Vicki Panico & Fred Newman 239.980.0088

**SUNDIAL OF SANIBEL
NEW PRICE****1501 MIDDLE GULF DR. #I405, SANIBEL**

- Gorgeous Views of Gulf of Mexico
 - 1 Bedroom, 1 Bath
- \$419,000 MLS 219046034**
Brian Murty 239.565.1272

CAPTIVA HIDEAWAY**16525 CAPTIVA DR., CAPTIVA**

- Roosevelt Channel Direct Waterfront
 - Multiple Boat Docks & Basin
- \$1,459,000 MLS 219043326**
Trevor Nette 239.281.4435

OCEAN'S REACH**2230 CAMINO DEL MAR DR. #4D1, SANIBEL**

- 2 BR, 2 BA, Direct Gulf Front Views
 - Multiple Boat Docks & Basin
- \$875,000 MLS 219084120**
Cindy Sitton 239.810.4772

EAST ROCKS**566 BOULDER DR., SANIBEL**

- Updated 3 BR, 2 BA, Near Beach
 - Spectacular Pool, Lake Views
- \$699,900 MLS 220001443**
Sharon Kottraba, Lomano-Nicholson Team 804.240.3115

BEACHVIEW ESTATES**1219 PAR VIEW DR., SANIBEL**

- Outstanding Near Beach Homesite
 - Tropical Landscape, Ideal S. Exposure
- \$299,000 MLS 218082852**
Cindy Sitton 239.810.4772

CAPTIVA ISLAND**11555 WIGHTMAN LN., CAPTIVA**

- Gulf Front Beach Cottage
 - Gorgeous Sunsets, Walk to Shops & Dining
- \$3,849,000 MLS 219066529**
McMurray & Members 239.850.7888

**SANIBEL ISLAND
UNDER CONTRACT****6477 SANIBEL-CAPTIVA RD., SANIBEL**

- Historic Mitchell Estate, Beachfront
 - Last Home Before Blind Pass
- \$2,900,000 MLS 219000116**
John Stephens 239.980.6394

SANIBEL ISLAND**6053 SANIBEL-CAPTIVA RD., SANIBEL**

- 1.6 Acres on Clam Bayou
 - Western Exposure, Wonderful Sunsets
- \$1,195,000 MLS 219012231**
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SANIBEL ISLAND**5659 SANIBEL-CAPTIVA RD., SANIBEL**

- New Remodel, Dock, Pool, Furnished
 - Virtual Tour: www.5659SanCap.info
- \$800,000 MLS 219010968**
Bob Radigan 239.691.6240

SOUTH SEAS ISLAND RESORT**2112 GULF BEACH VILLAS, CAPTIVA**

- Great 1 Bedroom Beachfront
 - Fully Furnished, Ready for You to Enjoy
- \$510,900 MLS 219004339**
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THE SANCTUARY**2372 WULFERT RD., SANIBEL**

- Sanibel's Lowest Priced Buildable Lot
 - Fabulous Golf Club Location
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From left, Shirley Schulz, Shawn Shaffer, Katie Reid, Anita Force Marshall, Lynn Quigley, MaryAnn Gilhooley, Bud Reinhold, Louise Fitzgerald and Ann Moeder photo provided

Island Seniors Board Members

The 2020 Island Seniors, Inc. Board of Directors includes: Lynn Quigley, president; Shirley Schulz, vice president; Katie Reid,

secretary; Bud Reinhold, treasurer; and Louise Fitzgerald, Anita Force Marshall, MaryAnn Gilhooley, Ann Moeder and Shawn Shaffer, directors.

Island Seniors programming is held at the Center 4 Life, located at 2401 Library Way on Sanibel. For more information, call 472-5743.✱

Catholic Group Holds Meeting



Senior Pastor John Danner of Sanibel Congregational United Church of Christ spoke to a capacity crowd of SanCap Catholics photo provided

Nearly 100 people attended the SanCap Catholics' breakfast meeting at Sanibel Congregational United Church of Christ on Ash Wednesday, February 26. After breakfast and entertainment by pianist Scott McDonald, the new autonomous Catholic group announced the nominations for its

new board. Guest speaker, Pastor John Danner, capped off the morning with a Lenten reflection discussing the importance of silence in one's life, suggesting that Christians consider giving up 10 minutes of noise each day this Lenten Season to "listen for God."✱

Chief Commander

boating courses and serving on various committees. She then stepped into local leadership as Sanibel-Captiva's commander in 2006-07. Shortly thereafter (2010-11), she became commander of District 22 (the regional Southwest Florida chapter of the organization).

Following five years of national committee work, she joined the national bridge in 2016 as national administrative officer and then national executive officer. Now she will serve as the chief commander through 2022.

Her abiding commitment and passion for safe boating is the result of not only years of boating but also having had a friend struck and killed by a powerboat strike. Thus, she brings to the national stage a commitment to enjoyable boating and safe boating for everyone.✱



Mary Paige and Steve Abbott at the February 15 Change of Watch Celebration photo provided

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2284 Troon Court, Sanibel



- The Sanctuary. Private + Luxurious Residence.
 - New roof, generator, impact windows.
 - Large resort style pool + landscaping.
- \$1,950,000**

776 Conch Court, Sanibel



- Remodeled 3BR, 2BA Canal Home
 - Pool/Spa, Boat Dock & New Lift
 - Wonderful and Private Location
 - Offered Furnished
- \$995,000**

2659 West Gulf Drive, Unit B302, Sanibel



- Best of the best location.
 - Penthouse/western corner exposure.
 - Professionally decorated. Turn key.
 - Panoramic Gulf of Mexico views.
- \$2,495,000**

2605 Wulfert Road #4, Sanibel



- Beautiful Sanctuary golf village condo, 3BR, 3BA.
 - Fabulous westerly views of 18th fairway and lake
 - Furnished. Private Elevator. Wrap around porches
 - Priced to sell.
- \$819,000**

5089 Joe Wood Drive, Sanibel



- Beautiful beach front w/ option of a vacant lot
 - Located in private + exclusive Gulf Ridge
 - 6BR beach house. Large pool, generator, shutters
- \$3,495,000**

Spotlight Properties of the Week

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4381 West Gulf Drive • \$11,500,000 • WestGulfDrive.com

Privately poised on 200ft of Gold Coast beach frontage encompassing 2.37 acres at the very end of West Gulf Drive. Historically known as Woodmere Preserve, this compelling residence is a one of a kind offering with an aesthetically exceptional design and awe inspiring 180° views. Acquisition of the westerly adjacent parcel allowed for a substantial addition to the main house in 2010 which included the construction of the raised pool area and steel framed cabana room featuring Cypress ceiling details and walls of glass. The grounds showcase exceptional plantings from around the globe balanced by bronze sculptures. Upon entry of the main house your eye is drawn to the azure waters of the gulf and the multiple living areas inside and out. The main house is comprised of three interior living areas, kitchen/dining along with the principal suite on the top level, a guest suite, stunning pool area with spa and expansive decking. Two additional structures are attached by a covered breezeway. Roof replaced 2017 and is 100% Aluminum.



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Call Tommy



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\$679,000
Call Mary



1684 Bunting Ln.
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Call Robyn



9406 Beverly Ln.
\$599,000
Call KC



16149 Mount Abbey Way Unit 202
\$260,000
Call Kate

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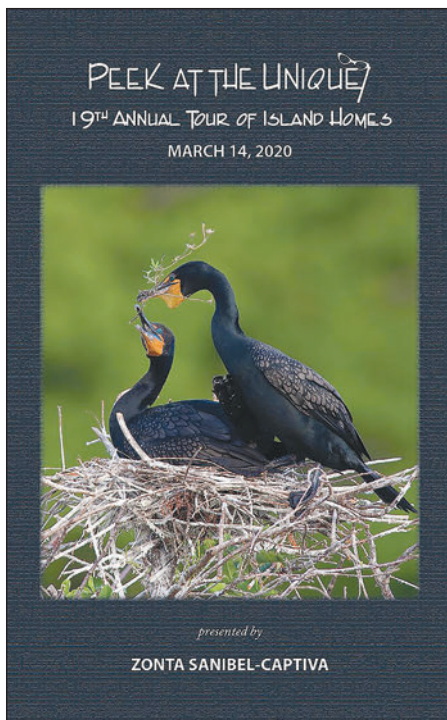
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Peek bus guide and Zonta member Luann Fortune at the 2019 event photos provided



The cover for the 2020 booklet is a photo from Dick Fortune and Sara Lopez

tour by the Zonta Club of Sanibel-Captiva will again open doors to private, exceptional island homes.

This event has delighted supporters every year, drawing local residents, snowbirds and visitors. Buy tickets securely at www.EventBrite.com for \$100 each (\$90 for afternoon seats, if available) plus a small service fee; scroll down to select from departure times

(some are sold out).

Don't delay for best choice. Donations are tax-deductible per IRS rules and proceeds are awarded in grants to area organizations whose work mirrors Zonta's mission of empowering women. Through its foundation, Zonta recently distributed a record \$104,700 in grants to 17 Southwest Florida organizations, all committed to improving the lives of women and girls.

At the center of the "Peek" is the renowned Zonta hospitality, along with these benefits:

An assured place for the departure time you select;

A nearly three-hour tour experience; Comfortable ride in an air-conditioned motor coach by Dolphin Transportation;

Experienced Zonta guide who will share highlights before each tour stop;

Five, rather than the traditional four, homes on this year's tour;

Sweet and savory treats at home base from some of Sanibel's finest restaurants and caterers;

A chance to bid on two exclusive auction items;

Opportunity to buy tickets for the raffle, Six Chances at the Unique;

A 114-page keepsake booklet packed with information about the tour and about Zonta, generously sponsored by Gulf Breeze Cottages.

Finally, special for this year and available to "Peekers" exclusively: a 38-minute DVD or thumb drive (\$20 suggested donation) featuring

300 stunning wildlife photographs, generously provided by Peek 2020 homeowners and wildlife photographers Dick Fortune and Sara Lopez, with music by Lopez's mother.

Visit www.zontasancap.com for a poster, information about the tour and about Zonta. Check Zonta's Facebook page too for photographs of the five featured homes. And know that your fun-filled outing will contribute to the betterment of life for so many women and girls.✧

ISLAND SUN BUSINESS NEWSMAKERS

Pfeifer Realty Group



Wendy Kirschner



Jennifer McSorely

The top producers for January at Pfeifer Realty Group were: Wendy Kirschner, top sales agent; and Jennifer McSorely, top sales agent and top listing agent.✧

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Life Insurance

Getting Cash From Life Insurance



by J. Brendan Ryan, CLU, ChFC, MSFS

In a recent column I recommended the use of one's life insurance cash value for temporary cash flow needs. The examples I gave related to pension income.

If one retires early, the cash value of life insurance can bridge the gap between the retirement date and the start of one's normal retirement income and/or the start of Social Security income.

I also used the example of retirement reserves invested in the market. When the market is down, better not to make a regular withdrawal for cash flow needs since such a withdrawal during a down market can permanently damage remaining fund balance. Better to ride out the depressed market period using the cash value in one's life insurance for cash flow, thus preserving the strength of the remaining retirement fund.

This discussion, of course, applies just to whole life and universal life. The other type, term insurance, does not have cash value.

How does one get to the cash in a life insurance policy? Through policy loans, partial surrenders and full surrenders. But one must be aware of the tax ramifications of each.

With a policy loan, there is no income tax (unless the policy is a modified endowment contract or MEC). The cash value is reduced dollar-for-dollar by the amount of the loan until the loan is repaid, if ever. Annual interest is charged. If the insured dies with the loan outstanding, the death benefit is reduced by the amount of the loan and any accrued, unpaid interest.

If one surrenders the policy partially or fully, there can be tax implications. First, recall the definition of a policy's "taxable gain." This is equal to the excess of the policy's cash value plus any untaxed dividend credits less the total paid into the policy (the "cost basis").

Some policies, such as universal life, permit partial withdrawals. As long as the policy is not a MEC, one can withdraw an amount equal to the cost basis without tax. That is considered a tax-free return of after-tax dollars paid in. Such tax-free withdrawals can be done as a one-time event or a series of withdrawals up to the cost basis. The death benefit is reduced dollar-for-dollar.

Any further withdrawal will create taxable income, taxed at ordinary, not capital gains, rates.

If the policy is a MEC, things are different. A MEC is a policy for which too much premium has been paid in during the early years. That threshold amount is defined for each policy by a formula laid out in tax law.

If a policy is a MEC, loans and withdrawals are taxed differently. A loan or a withdrawal is taxed as ordinary income

to the extent that there is an untaxed gain in the policy. After that, any loans and withdrawals are received tax-free as a return of after-tax dollars paid in. If such taxable income is received before age 59½, there will be an additional 10 percent surtax levied. But the death benefit of a MEC policy, like other policies, is received tax-free.

So, how should one get to the cash? It depends on one's cost basis, the amount needed, the willingness to pay tax and future ability to pay back any amount borrowed. It is usually best to consult the agent, one's attorney and/or accountant before acting.

J. Brendan Ryan is a Cincinnati insurance agent. He can be reached at jbryanclu@aol.com.✱

Lions Club Offering Health Screenings

The Sanibel Captiva Lions Club will be providing a health screening on Tuesday, March 10 from 9:30 a.m. to 12:30 p.m. at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road. Screenings will include visual acuity, visual fields (glaucoma), blood sugar (diabetes), interocular eye pressure (glaucoma), blood pressure and hearing. This screening of adults is open to the public

and free of charge. It is one of the services that the Lions Club provides to the community. Interested individuals can stop by at any time during the event. Depending upon the number of people showing up, the screening usually takes about 15 minutes. This will be our last scheduled screening for the season.

Sanibel Captiva Lions Club holds regular dinner meetings on the first and third Wednesday of the month during the year. Visiting Lions or other interested people are welcome to attend. For more information, contact Lion Steven Schulz at P.O. Box 391, Sanibel, FL 33957, call 233-6261 or visit www.sanibelcaptivalionsclub.org.✱



F.I.S.H. OF SANCAP

Neighbors Helping Neighbors

For over 37 years, F.I.S.H. OF SANCAP has been the social service organization on both Sanibel and Captiva. Started in island residents' kitchens and out of their cars, F.I.S.H. has continued to grow to meet the demands of our community thanks to the generosity of our donors and volunteers. We are proud to say that over 90 percent of every dollar donated goes directly to our programs and services.

The mission of F.I.S.H. is to lend a helping hand to those who live, work or visit here, and F.I.S.H. has something for everyone. It is our goal to offer services that can assist, educate, and enrich all our island community through our **Helping Hands Program, Food Pantry, Adult & Youth Scholarships, Workshops, Transportation** and more!



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SUNRISES & SUNSETS



9128 MOCKINGBIRD DR • SANIBEL

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DUNES LAKE FRONT



1567 SAND CASTLE RD • SANIBEL

Beautiful lake and golf course views. 3 bed, 3 bath, 2560 sq ft with cathedral ceilings, space to entertain, master suite, guest room en suite & screened porches. **OFFERED AT \$685,000**

GOLF COURSE



1611 SAND CASTLE RD • SANIBEL

Island style living with view of the golf course, lake & sunset skies. 3 bed, 2.5 bath, 1349 duplex with main floor master, screened lanai, side deck & paver drive. **OFFERED AT \$479,000**



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STUNNING BAY FRONT

261 FERRY LANDING DR • SANIBEL
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EAST END CANAL HOME

1056 S YACHTSMAN DR • SANIBEL
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601 PERIWINKLE WAY C3 • SANIBEL
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SAND POINTE 111 • SANIBEL
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PEACEFUL WEST END

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 Serene, private West End island retreat with relaxing, screened pool & lanai. Coastal cool home, 3 beds and 2.5 baths. Close to Bowman's Beach & Blind Pass.
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Guests sampled an assortment of wines photos provided

Movie Lovers Gather For Wine Tasting

by Di Saggau

The annual BIG ARTS Film Society Wine Tasting Celebration played host to 100 guests on February 11, prior to the regular Monday Night Movie, in the beautiful Dunham Gallery. Fine wines from Argentina and Australia were tasted and film lovers also enjoyed chocolate treats as they savored the various wines. A highlight of the evening was the presentation of Movie Maven T-shirts to three of our movie moderators. They were Alan Ruben, Margie Peters and Kathy Mahan, accepting for her husband Rob Raab. A good time was had by all.✧



Wine and chocolates awaited the crowd



Movie Mavens from left, Kathy Mahan, Alan Ruben and Margie Peters



JR Pascall and Di Saggau



Barbara and Alan Ruben



Visnja and Stan Gembicki serving specially selected wines



From left, Harriet Edwards with Stan and Jo Ann Katz



Roberta Laurence and Mary Jean Green

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PEACEFUL ISLAND GETAWAY

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- 3 BR, 2 BA, + Den - Pool/Spa
- Perfect Vacation Home or Rental income

\$749,999

15138 WILES DRIVE



CAPTIVA BEACH FRONT

- 102 Feet of Premier Gulf Frontage
- Comfort Meets Luxury w/ 6 BR 5.5 BA 4611 SQFT
- Private Oasis, Pool, Putting Green

\$6,495,000

2462 WULFERT ROAD



SANCTUARY CC LOT

- Overlooks The 15th Fairway w/ Great Views of Golf Course
- Fantastic Community Amenities & Social Events
- 5-10 Minutes from the Beautiful Gulf of Mexico Beaches

\$229,000

6053 SANIBEL CAPTIVA ROAD



1.56 ACRES OF STUNNING VIEWS

- Western Exposure, Wonderful Sunsets
- Easy Walk to Restaurants & Marina
- Build Your Dream Home & Island Getaway

\$1,195,000

15843 CAPTIVA DRIVE



GULF TO BAY CAPTIVA COTTAGE

- 3BR 3BA Lush Landscape and garden
- Heart of pine wood floors, shiplap siding, wood beams
- Large kitchen w/ granite counters & SS appliances

\$7,489,000

1246 & 1250 SEAGRAPE LANE



SANIBEL BAYFRONT

- Last Large Underdeveloped Bayfront Estate
- Located on Sanibel's East End
- Natural Shoreline w/ Beach to walk

\$2,789,000

15879 CAPTIVA DRIVE



CAPTIVA BEACH COTTAGE

- 2 BR Main 1 BR Guest Cottage, Dock w/ Boat Lift
- Strong Rentals, Stunning Beach Location w/ Sunsets
- Option to Build New Gulf to Bay Estate on Parcel

\$2,389,000

9036 MOCKINGBIRD LANE



THE DUNES

- Unmatched Views of the Lake & Golf Course
- 3 Bedrooms, 2 Baths, 1,783 S.F.
- Vaulted ceilings, open living room, amazing indoor/outdoor flow

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From left, Steve Greenstein, Craig Hersch, Robin L. Cook and Jeff Muddell photo provided

Trust Company Hosts Estate Planning Seminar

The Sanibel Captiva Trust Company recently hosted an estate planning program at The Community House with featured speaker Craig R. Hersch, partner of Sheppard, Brett, Stewart, Hersch, Kinsey & Hill, PA. More than 85 guests attended the presentation to hear how best to set up an estate plan and trusts to protect the inheritance being left to loved ones.

Hersch explained the myriad ways an inheritance is at risk. "Your loved ones'

inheritance can be vulnerable to creditors, predators, divorcing spouses, child support, high risk occupations, business owners, general liability, such as car accidents, and spendthrift or financially unsophisticated beneficiaries," he said.

Hersch went on to discuss the features of revocable trusts and irrevocable trusts, as well as spendthrift trusts and discretionary trusts. All have a place and application that is appropriate for their use. He also covered the new Secure Act which addresses inherited IRA accounts and how inheriting children or non-spouses must draw upon them.

"The ability to protect our loved ones' inheritance dies with you," advising that it is best to take action on establishing the right trust sooner than later," said Hersch.

Each attendee received Hersch's book *Common Cents Estate Planning II*.

The remaining programs of the Sanibel Captiva Trust Company Speaker Series include:

Tuesday, March 10 – Election Results and Your Portfolio with Timothy P. Vick, director of research at The Sanibel Captiva

Trust Company

Tuesday, March 31 – The Seven Deadly Financial Sins with Robin L. Cook and Steve Greenstein, wealth services advisors at The Sanibel Captiva Trust Company

Visit www.sancaptrustco.com/2020speakerseries for full details.✧

Superior Interiors

How To Achieve A Bohemian Aesthetic

by Marcia Feeney



When was the last time you gave your home decor an upgrade? Perhaps you've been waiting to revamp a room because you have limited inspiration, or you just can't decide what style

would make the most sense for the project. If you're ready to give your living space a well-deserved aesthetic boost but you're not sure where to get started, let bohemian style take the reins.

Bohemian decor is all about creating a relaxed and care-free environment in the home. It's a mixture of culture, colors and items that are equally interesting and eclectic. The style offers an opportunity to express and diversify yourself, a route that's ideal for someone who's looking for an excuse to let their inner self shine without boundaries.

If you're not ready to part ways with a neutral color palette, you may need to take a step back. Bohemian aesthetic is only achievable when you're willing to focus on bold colors that may seem unconventional in a traditional or modern room. While you can certainly use a neutral base or foundation, you should focus on using vivid, deep shades of orange, purple and blue throughout the living space. Textures and patterns are also critical when it comes

to boho chic. Traditional tapestries can bring this style together if you're looking for a wall hanging or item to drape across the couch.

From wall art and sculptures to books, plants and lamps, there's an endless opportunity to mix and match the decor to achieve the bohemian aesthetic. When it comes to accessories, don't follow the traditional phrase of "less is more." The more pattern, texture and detail in a decorative accessory, the better. For example, you can opt for throw pillows with fringe and intricate patterns to make a statement in the living room.

When it comes to furniture, it's wise to choose pieces with a vintage touch. Brand new items that look clean-cut don't fit the bohemian aesthetic. Inspired by the likes of a gypsy, each piece of furniture should tell its own story. The more textures and styles of furniture that fill the room, the better. Include lounge chairs and daybeds that encourage relaxation. When it comes to choosing textures, consider what types can help you and your guests get cozy and feel at home with ease. Plush options are encouraged to make it simple for everyone to get comfortable by adding an arrangement of mismatched throw pillows and blankets.

Bohemian aesthetic can be a bit intimidating for someone who likes to play it safe. If you're ready to break free from your shell, this is the perfect style choice for you. Don't let the idea of tackling this task on your own keep you from achieving the boho look in your living room, book nook or bedroom. A design professional can devise a blueprint and get the ball rolling on your new and improved home that offers the casual boho vibe.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindceden.com.✧

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Rotary Happenings

submitted by Cindy Carter DeCosta

Capt. Daniel Andrews once lived his life's calling as a full-time fishing guide. As the Southwest Florida estuaries began declining due to water mismanagement practices, so did Andrews' business. He noticed the oyster beds and sea grass flats were dying off, which affects all life in the estuaries. The algae blooms increased as well as the length of the blooms of red tide.



Capt. Daniel Andrews photo provided science-based solutions are implemented to restore our water quality.

It is important to understand that the Caloosahatchee and St. Lucie rivers are artificially connected to Lake Okeechobee by way of man-made canals. During the rainy season, billions of gallons of nutrient- and sediment-laden freshwater are discharged into the Caloosahatchee and St. Lucie rivers. The discharges kill sea grass, oysters and other marine life, causing lasting damage to estuarine ecosystems. Nutrients, primarily nitrogen and phosphorous, and other pollutants can linger in the estuaries for years. The Herbert Hoover Dike, which surrounds Lake Okeechobee, prevents this water from flowing south into the Everglades, where it went historically, and where it's desperately needed today. The EAA (Everglades Agricultural Area) Storage Reservoir project, south of Lake Okeechobee, cuts discharges to our area and the St. Lucie area by over 50 percent. The EAA reservoir, in conjunction with

increased treatment capacity, will provide the greatest benefit to the Caloosahatchee and St. Lucie rivers, while providing a source of clean freshwater desperately needed by the Everglades and Florida Bay.

Having the support of our local and state politicians is vital in the fight for clean water to ensure that the projects needed to clean our waters are being pushed along. Two days after Gov. Ron DeSantis was elected, he asked for the resignation of members of the South Florida Water Management District. These members were not supporting the fight for clean water in our area and did not have the best interest of the public in mind. Gov. DeSantis then appointed former Sanibel City Councilman Chauncey Goss, who grew up in Southwest Florida and has a vested interest in our water quality, as the board chairman. With the personnel changes that followed, projects to clean our waters are moving forward.

Captains For Clean Water understands that in order for real change to happen, they must educate the public and allow the public to choose the best governmental representation who will respect and support the clean water projects. As a 501(c)3, Captains For Clean Water cannot endorse or oppose candidates for local office. However, voting is very important for the future health of our waters. It is recommended to check if the candidate you are endorsing has signed the Now or Neverglades Declaration. The declaration in a nutshell, is signed by politicians who want to work together for real solutions to our local water quality issues. We all come to our little slice of paradise in Southwest Florida for the beautiful waters and all the activities. Protecting our waters is simply

protecting our beautiful paradise.

Captains For Clean Water will be hosting its 4th annual Restore Gala on Friday, March 6 from 5 to 10 p.m. at the Edison & Ford Winter Estates. For information, visit www.captainsforcleanwater.org.

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.✪

Kiwanis Club Scholarships

The Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2020-21 school year. Scholarships of \$4,000 per year, over a period of four years, will be awarded. Additionally, several one-year scholarships in varying amounts are available, including the Sam Bailey Islands Night scholarship.

Eligible applicants must be Sanibel-Captiva residents, employed full time on the islands or a family member of such (of any age) attending a college for an undergraduate degree or attending a vocational school.

The club collects the applications and an independent committee makes the selection.

Applications must be submitted by March 27, 2020. They can be obtained online at www.SanibelKiwanis.org, or by contacting: Antoinette Radicchi at 579-0660 or antoinette@sanibelinsurance.com; Bill Traum at 671-0155 or billtraum@me.com; or Chris Heidrick at 579-0660 or chris@sanibelinsurance.com.✪

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Redfish Pass Tides				
Day	High	Low	High	Low
Fri	12:51 pm	4:58 am	10:11 pm	3:41 pm
Sat	1:05 pm	5:43 am	None	4:43 pm
Sun	12:12 am	7:22 am	2:20 pm	6:36 pm
Mon	1:09 am	7:58 am	2:36 pm	7:28 pm
Tue	2:03 am	8:31 am	2:54 pm	8:20 pm
Wed	2:57 am	9:01 am	3:15 pm	9:14 pm
Thu	3:54 am	9:27 am	3:40 pm	10:11 pm

Point Ybel Tides				
Day	High	Low	High	Low
Fri	11:56 am	5:00 am	9:16 pm	3:43 pm
Sat	12:10 pm	5:45 am	11:17 pm	4:45 pm
Sun	1:25 pm	7:24 am	None	6:38 pm
Mon	12:14 am	8:00 am	1:41 pm	7:30 pm
Tue	1:08 am	8:33 am	1:59 pm	8:22 pm
Wed	2:02 am	9:03 am	2:20 pm	9:16 pm
Thu	2:59 am	9:29 am	2:45 pm	10:13 pm

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	11:30 am	4:51 am	10:28 pm	4:06 pm
Sat	12:01 pm	5:39 am	11:22 pm	5:10 pm
Sun	1:31 pm	7:21 am	None	7:04 pm
Mon	1:08 am	8:01 am	1:59 pm	7:55 pm
Tue	1:54 am	8:39 am	2:27 pm	8:47 pm
Wed	2:45 am	9:16 am	2:55 pm	9:38 pm
Thu	3:46 am	9:50 am	3:25 pm	10:29 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	3:01 pm	8:14 am	None	6:57 pm
Sat	12:21 am	8:59 am	3:15 pm	7:59 pm
Sun	3:22 am	10:38 am	4:30 pm	9:52 pm
Mon	3:19 am	11:14 am	4:46 pm	10:44 pm
Tue	4:13 am	11:47 am	5:04 pm	11:36 pm
Wed	5:07 am	12:17 pm	5:25 pm	None
Thu	6:04 am	12:30 am	5:50 pm	12:43 pm

Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.



Kayaking on Tuesdays and Select Thursdays – March 10, 12, 24, 26 and 31 at 8:30 a.m., weather permitting. There is space for 16 people on eight two-person kayaks and limited space for those who bring their own. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration required.

Line Dancing Class – Fridays, March 13, 20 and 27 at 2:15 p.m. Cost is \$3 for members and \$5 for non-members. The instructor will review dance steps then turn up the music. Advance registration not required.

Knitting With Deborah Boehm – Mondays, March 9, 16, 23 and 30 from 2:30 to 4:30 p.m. Open to all skill levels, including beginners. Bring your project(s). Share your interest in knitting with others. This is an informal, no charge, drop-in group.

Bingo – Monday, March 16 at 4:30 p.m. Cost for two games is \$3 for members and \$5 for non-members; extra card \$1 each. After a few games, there will be a potluck dinner; bring a

side dish to share.

Bea Pappas, ISEA – NF Collage Part 3 – March 10 and 24. Cost per series per person is \$100 for members and \$130 for non-members.

The course includes adding found objects and boxes to your collage, and learning to paint out what is not necessary in your composition. Bring found objects, canvas, acrylic paint (liquid or tube), flat nylon one-inch brush, water container to clean brushes, paper towels (Viva brand).

AARP Driver Safety Course – Thursdays, March 5 and 12 from 1 to 4 p.m., sponsored by Island Seniors, Inc. This is a fast-paced interactive six-hour class for drivers ages 50 and older to learn proven safety strategies, rules of the road, how to deal with aggressive drivers to help you maintain confidence in your driving. Participants will be eligible for a discount on their auto insurance.

Course fee is \$20 and AARP members receive a \$5 discount. Register by contacting Ed Vander Hey at 437-8022. You need not be a member of Island Seniors to attend but you must attend both classes in order to receive course certificate.

Learn to Play Mahjongg with Katie Reid – March 9 to 13. Cost is \$15 for members and \$30 for non-members. Class is limited to four or eight students (to fill a table to practice). You must be able to attend all five classes. All supplies are provided. Register in advance.

Page Turners with Louise Fitzgerald & Ann Hartman – If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center.

The book for discussion on

Wednesday, March 11 at 2:30 p.m. is *A Minute to Midnight* by David Baldacci.

BIG ARTS Community Chorus – performing at the March Potluck on Thursday, March 19 at 5:30 p.m. No charge for members and \$5 per person for non-members.

The BIG ARTS Community Chorus will be performing at the Sanibel Recreation Center after the potluck dinner. This year the chorus will give the audience a sample of their upcoming spring program. This performance is a highlight of the season, so sign up early. Drinks and dessert will be provided by Island Seniors. Bring a covered dish to share such as a vegetable, salad or casserole.

Captiva Cruises Tarpon Lodge & Indian Mounds on Pine Island – Tuesday, March 24. Cost is \$82 for members and \$92 for non-members. Includes lunch and admission into Randell Research Center.

Cruise to Pineland as you learn about the fishing cultures of Pine Island Sound. See historic fish houses and hear about the history of commercial and sport fishing as well as the fishing culture of Pine Island Sound and Charlotte Harbor. Lunch will be at Tarpon Lodge followed by a walk over to the Randell Research Center for a guided hike to the top of a pre-Columbian mound of the ancient Calusa.

Advance registration required. Carpool arrangements for transportation. Registration deadline is Monday, March 16.

The Laboratory Theatre: In the Heights – Sunday, March 29. Cost is \$32 for members and \$42 for non-members.

In the Heights is a Southwest Florida

premiere. It is the winner of four Tony Awards and the first musical from three-time Tony Award-winner Lin-Manuel Miranda, creator of *Hamilton*. It was the winner of 2008 Best Musical, Best Score, Best Choreography and Best Orchestrations. This high energy musical follows the lives of the mostly Hispanic-American neighborhood of Washington Heights in New York City. It is a community on the brink of change, full of hopes, dreams and pressures, where the biggest struggles can be deciding which traditions you take with you and which ones you leave behind.

Advance registration required. Carpool arrangements for transportation. Registration deadline is Thursday, March 19.

Six Mile Slough Guided Tour – Thursday, April 2. Cost is \$3 for members and \$6 for non-members.

Six Mile Cypress Slough Preserve has over 3,500 acres of wetland ecosystem with a 1.2-mile boardwalk trail and interpretive center. The slough catches and slowly filters rainwater on its way towards Estero Bay. A myriad of animals like otters, alligators, turtles and wading birds live at there year-round. Others, like migrating birds and butterflies, use the slough as a feeding area or winter home. Lunch will follow the tour. Carpool arrangements for transportation. Registration deadline is Thursday, March 26.

Games – Cost for all games is \$3 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at 12:30 p.m. Game begins at 1 p.m.

Euchre – Tuesday at 12:30 p.m.

continued on page 25B



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From left, Marty Harrity, Alison Charney Hussey, Eric Hines, Katy Forret and Jeremy Ginsburg photo provided

Doc Ford's Gives Back To CROW

Doc Ford's Rum Bar & Grille recently donated their CROW Bucks from the 2019 Taste of the Islands back to the Clinic for the Rehabilitation of Wildlife (CROW) to further CROW's mission.

CROW Bucks, which are spent by patrons at the event, are typically split between the restaurant and CROW. Brenda and Marty Harrity, owners of Doc Ford's Rum Bar & Grille, chose to reinvest their share in CROW's mission to save wildlife through state-of-the-art veterinary care, research, education and conservation medicine.

"Doc's has long supported CROW, and we are proud to do so again this year," said Marty Harrity.

CROW's signature fundraiser, Taste of the Islands, is one of Sanibel's longest running events with the 39th edition coming this November.

"We are honored to have such great community partners like the Harritys and the staff at Doc Ford's," said Alison Charney Hussey, executive director for CROW. "Their continued support makes Taste of the Islands a great event for everyone and helps ensure we can provide the best care for our wildlife patients."

To make a donation to CROW, visit www.crowclinic.org/donate/donate-today.✧

Guest Speaker, Auction At Shell Club Meeting

The Sanibel-Captiva Shell Club will meet at The Community House on Sunday, March 15. A silent auction of shells and shell-related items will begin at 1:30 p.m., while the meeting will begin at 2 p.m.

Dr. J. Bruce Neill, director of education at Sanibel Sea School, will be the guest speaker. Dr. Neill's presentation, entitled Improving the Ocean's Future...How Are We Doing?, will focus on observations on the environmental quality of the gulf/Southwest Florida waters, ecosystem and its wildlife.

Dr. Neill earned his PhD in conservation biology from Montana State University. He has conducted research on coral reef biology and sea urchins, and has held positions at colleges, field schools and the American Museum of Natural History. Neill's true passion is teaching – he and his wife, Evelyn, founded Sanibel Sea School, a 501(c)3 nonprofit, in 2005 to help more people connect with the ocean through meaningful, field-based experiences.

Dr. Neill has been an advocate for finding effective water quality solutions for many years, both as an individual and through his work with the Sanibel-Captiva Chapter of START (Solutions



Dr. J. Bruce Neill photo provided

to Avoid Red Tide), now called Coastal Watch. He speaks regularly to community members about the biology of plankton blooms and the ecological, social and economic implications of local water quality challenges.

The auction, meeting and presentation are free and open to the public. New members are always welcome. Refreshments will be served and there will be door prizes.

The Community House is located at 2173 Periwinkle Way on Sanibel. For more information, visit www.sanibelshellclub.com.✧



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NEW PRICE



1



2



3

1. Magazine Ready home in Sanctuary - Sanibel

- 5 BR/5.1 BA property situated on the bay & intercoastal waterway and framed in by the signature 4th hole
- 11,000sqft, top of the line finishes throughout, over a million dollars in updates
- **\$3,350,000** EURO € 3,073,803

2. Direct Access Canal home with Boat dock & Lift – Sanibel

- 3 BR/3 BA home located on 100 feet of canal frontage with direct Gulf access
- Old Florida style home with boat dock & lift, quick access to San Carlos Bay, screen enclosed pool
- **\$1,100,000** EURO € 992,555

3. Direct access canal home with private Dock – Sanibel

- 3 BR/ 2 BA ground level home on corner lot in Water Shadows community
- Remodeled home with garage and private pool overlooking the canal
- **\$995,000** EUR € 911,259

4. Over 1.7 acres on West Gulf Drive – Sanibel

- 3BR/3.1 BA home on a sprawling estate located along Sanibel's renowned West Gulf Dr. Featuring 1.7 acres of Gulf front land & 200' of beach frontage.
- Stunning panoramic views of the Gulf of Mexico. High ridge construction with tropical privacy
- **\$5,100,000** EURO € 4,679,521

5. East End Canal home on quiet cul-de-sac – Sanibel

- 4 BR/ 4 BA home with direct Gulf access situated on a corner lot in Shell Harbor
- Spacious home with large screen enclosed pool & short walk to beach access
- **\$1,699,000** EURO € 1,558,922

6. Private beach access on Sanibel's West End – Sanibel

- 3 BR/ 2 BA home built to the most recent high standards by a prestigious local builder in 2017
- Large open kitchen, granite counters, vaulted ceilings, multiple porches, & transom windows
- **\$1,350,000** EURO € 1,216,945

NEW PRICE



4



5



6



7



8



9

NEW PRICE

7. Santiva Home Designed & Built by Renowned Architect

- 4 BR/ 3 BA with pool and pool house, steps from the beach with Gulf views from top floor
- Home & large property exude style & tranquility reminiscent of an island resort or spa with custom finishes throughout
- **\$1,395,000** EURO € 1,279,986

8. Ground level home in Shell Harbor – Sanibel

- 3 BR/ 2.1 BA home situated on an oversized lot on Sanibel's east end
- Dock, boatlift, new windows, and long canal views
- **\$969,000** EURO € 889,109

9. Remodeled at Sanibel Arms West – Sanibel

- 2 bed/2 condo with open kitchen, granite countertops, and newly painted
- Comm amenities: large pool, great beach frontage, on site rental office, tennis & more
- **\$548,500** EURO € 503,277

GULF FRONT COMMUNITY LOGGERHEAD CAY - SANIBEL

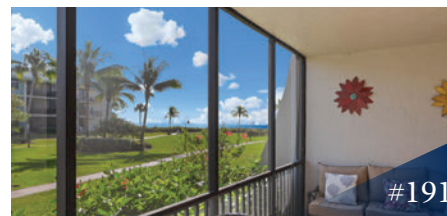
Located on Sanibel's East End, pet friendly Loggerhead Cay offers deeded beach access, community pool, tennis, shuffleboard, clubhouse, & weekly rentals



#514

Gulf front penthouse #514

- 2 BR/2 BA remodeled condo with 180 degree views of the Gulf & beaches
- Multiple lanai's and incredible annual income
- **\$1,045,000** EURO €941,208



#191

Make the beach your backyard with ground floor unit #191

- 2BR/2 BA remodeled condo decorated with coastal style
- Open kitchen and coastal contemporary baths
- **\$770,000** EURO €705,028



#542

Over \$70k in income

- 2 BR/ 2 BA updated kitchen with beautiful backsplash & custom lighting
- Open floor plan, French doors and plantation shutters
- **\$739,000** EURO €669,011



#263

Bright & inviting retreat

- 2 BR/ 2 BA condo with glimpses of the Gulf from private lanai
- Open kitchen and coastal décor throughout
- **\$628,000** EURO € 570,724

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Music Fills The Air At BIG ARTS Performance Hall

February was filled with musical performances at the new BIG ARTS Christensen Performance Hall. Mid month performers included Doyle Lawson and Quicksilver, Junction Trio, and Rachel Barton Pine featuring Matthew Hagel. For a full schedule of performances, fine arts exhibits, films and workshops, visit www.bigarts.org or call 395-0900. BIG ARTS is located at 900 Dunlop Road on Sanibel.*



Deb and Brad Gleason photos provided



From left, Sally Walther, Clare Phelan and Penny Wilkinson



From left, Jeff and Veronica Powers with Stephanie and Jeff Muddell



From left, Stephanie and Bill Rahe with Jane and John Henshaw



Jeanie and Laurence Schiffer



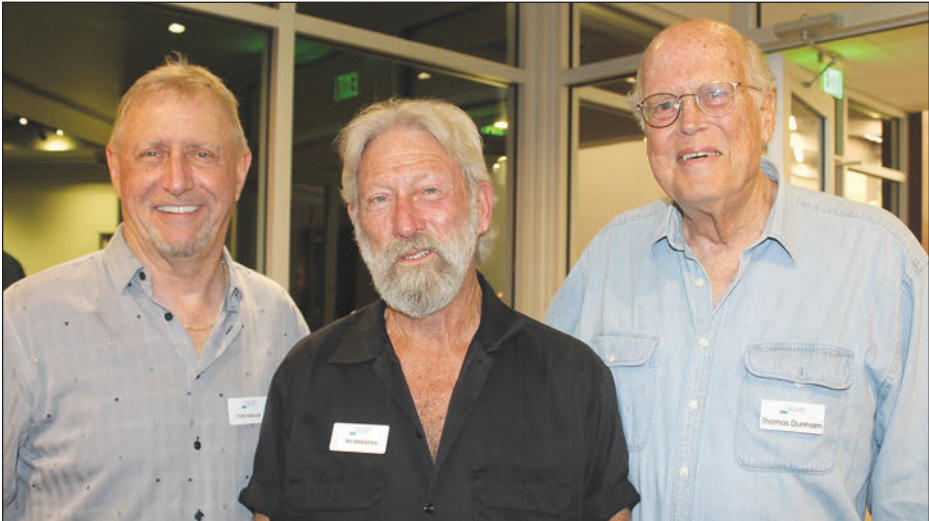
Jeffrey and Rene Savarise



Christina and Jim Grote



From left, Matthew Hagel, Rachel Barton Pine and Deborah LaGorce



From left, Tom Heisler, Bo Brewton and Tom Dunham

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Will Power

What Is A Testamentary Trust?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

My office frequently interacts with compliance officers of major banks and brokerage firms. From time to time, we receive curious inquiries from their offices after a client dies. This is because the deceased client’s trust may subdivide into one or more “testamentary trusts” that continue on to benefit the client’s spouse, children or other beneficiaries. The brokerage office will ask me for a copy of the trust for the spouse, children or other beneficiaries – when they already have it. You see, the testamentary trust was built inside of the revocable trust that they already possess.

If compliance officers inside of major banks and brokerage offices don’t understand what a testamentary trust is, I thought that this might be a good topic for today’s column.

A testamentary trust (sometimes referred to as a trust under will) is a trust which arises upon the death of the testator, and which is specified in his or her will or revocable living trust. A will or revocable living trust may contain more than one testamentary trust, and may address all or any portion of the estate.

There are four parties involved in a testamentary trust: 1) the person (referred to as the “grantor” or “settlor”) who specifies that the trust be created, usually as a part of his or her will or revocable living trust – from which the testamentary trust “springs into being” upon the settlor’s death; 2) the trustee, whose duty is to carry out the terms of the testamentary trust; 3) the beneficiary(s), who will receive the benefits of the testamentary trust; and possibly (4) The probate court where the testamentary trust is created by a will as opposed to when a testamentary trust automatically is created under the terms of an *inter vivos* (commonly referred to as a “revocable living”) trust.

A “marital trust” that benefits a surviving spouse inside of someone’s will is a testamentary trust, as is a “credit shelter” trust which may be used to consume the decedent’s federal estate tax exemption. A continuing trust for a child or grandchild for educational, health or general needs is another example of a testamentary trust. So is a charitable remainder trust that springs out a revocable trust or will as of the settlor’s death.

So, you can readily determine now that a testamentary trust is one that doesn’t come into being until the settlor’s death, and is usually found inside of an existing document such as a revocable living trust or a last will and testament.

When the compliance office of the bank or brokerage house asks for a copy of the testamentary trust instrument, I can usually tell them that they already have it. They just

need to look inside of the revocable living trust to one of the articles. An article that is entitled “Marital Trust,” for example, is a testamentary trust. Same for a “Family Trust” or “Educational Trust” found within the pages of the original instrument.

The trustee of the testamentary trust may be a different party than the one who serves as the trustee of a revocable living trust. Typically, the settlor of a revocable living trust serves as his or her own trustee during the course of his or her lifetime. Upon the settlor’s death, however, that person can obviously no longer serve as their own trustee. When the trust therefore divides into the testamentary trust shares, another person, bank or trust company serves.

There may even be a different trustee for each different testamentary trust formed. The spouse, for example, might be named as the trustee of the marital trust. An adult child who is the beneficiary of a continuing general needs trust, formed for his or her own benefit, may serve as the trustee of his or her own trust share.

Testamentary trusts are usually irrevocable, meaning that the terms cannot be changed or altered. This is because the settlor who created the trust has died. Even if the settlor reserved the power to amend the trust, since he or she is now dead, the trust becomes irrevocable. The exception to this is when the testamentary trust grants a “power of appointment” to a beneficiary to change the terms of the trust. I’ve written about powers of appointment in other columns.

Testamentary trusts all have different estate and income tax ramifications. Particularly with the higher federal estate tax exemptions, it’s often better to review whether a marital trust is now more appropriate than a credit shelter or a family trust. Since many estates aren’t taxable under the federal law, we can minimize taxes for your children and other beneficiaries by planning to eliminate the capital gains through a step-up in tax cost basis. Credit shelter trusts and family trusts do not receive another step up at the surviving spouse’s death.

After reading this, I hope that you are better informed as to what a testamentary trust is. If so, I offer you my hearty congratulations! You’re ahead of several compliance officers at major banks and brokerage houses that I’ve dealt with in the past few months.

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Historical Village To Receive Spirit Tree Donations

In The Garden – Sanibel’s Retail Garden Center and Outdoor Showroom has a spirit tree that benefits local nonprofits. Spirit tree donations during the month of March benefit the Sanibel Historical Museum and Village.

Canvas spirit tree tags can be purchased at the garden center gift shop for \$5. Purchasers can write well-wishes or blessings on the tags and

attach them to the tree. All tag sales will be donated to the Sanibel Historical Museum and Village. In The Garden will match all tag sales.

“The museum and village is a tribute to the early pioneers who homesteaded Sanibel Island in the late 1800s,” said Lisa Walsh, owner of RS Walsh Landscaping and In The Garden. “The museum was founded in 1984 with the mission to preserve, share and celebrate Sanibel Island history.”

RS Walsh In The Garden is located at 3889 Sanibel-Captiva Road, across from The Sanibel School. For more information, call 395-5859 or visit www.rswalsh.com.

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submitted by
Jeffrey A. Muddell,
Wealth Services

You've worked hard in your life. You've amassed a wonderful level of wealth. You are doing all the right things with your money today and planning well for

the future. Great work! But then, someone tells you it's time to have that conversation that no one likes to have – the one where you need to talk about what happens to your assets when you leave this world. Not a fun topic to consider, right?

Conducting a family meeting with an open dialogue with your loved ones about this topic is a vital first step in managing this important task. In addition, you should think about having a conversation with your trust company about how they can serve a critical role in protecting your assets after you're gone.

A trust is a wonderful tool to help protect your assets after death for the benefit of your beneficiaries. In many cases, having an independent trust company serving as your trustee may help to ensure your administration and investment goals are met and all your carefully worded plans carried out.

We're proud to serve many of our families as an independent trustee, and we can do the same for you when you set up your trust. The benefits are numerous, but here's a quick look at three:

Protection from the creditors of your beneficiaries – After you die, there are protections afforded by the law to allow you as grantor to set up trusts for your

beneficiaries that can protect your assets from your beneficiaries' future and yet unknown creditors. This is good for your estate, but also good news for your beneficiaries.

Let me give you an example: Your daughter is a physician. If she is a defendant in a malpractice case, a trust is one of the best ways to protect your assets from her potential creditor. Now, some state laws do create variation in the extent of protection. However, the protections afforded by a properly drafted spendthrift trust created for your beneficiaries can be invaluable.

Money management and account services – As trustee, we are responsible for managing your assets and will care for them while continuing to grow and preserve your trust assets through careful and thoughtful management of investment portfolios after your death. Our team is fortunate to have earned the trust of hundreds of clients through the years. Our investment approaches are professional, transparent and highly regulated.

Protection against your beneficiaries' spending or pledging too much – Are you worried your beneficiaries would burn through your inheritance too quickly? You can establish a trust to be administered after your death, directing how the trust funds may be spent for the benefit of the beneficiary.

When you have that conversation about what happens after your passing – and we encourage all our families to begin or review plans for their estate – consider creating a trust and appointing an independent trustee. Our team is always ready to have that talk and advise you on what's best for your situation.

*This information is not intended to be and should not be treated as legal advice, investment advice or tax advice. Readers, including professionals, should under no circumstances rely upon this information as a substitute for their own research or for obtaining specific legal or tax advice from their own counsel.**

From page 18B

Center 4 Life

Mahjongg – Monday and Thursday at 12:30 p.m.

Hand & Foot – Thursday at noon.

Hearts – Friday at 12:30 p.m.

Fitness Classes – Island Seniors, Inc. members pay \$4.10 per class, visitors pay \$10.25 per class. Island Seniors, Inc. annual membership is \$20. Classes are included with Sanibel Recreation Center membership. You must show your Sanibel Recreation Center membership card to attend.

Fitness class schedule is as follows:

Cardio Combo – Monday, Wednesday and Friday at 8 a.m.

Keep your brain fit, and your heart, lungs and muscles strong. Hand weights, stretch cords, stability balls and your body weight will be used. The format is 30 minutes of cardio dance and 30 minutes of balance exercises, core strength, flexibility exercises and mat work.

50/50 Cardio Sculpt – Monday, Wednesday and Friday at 9:30 and 11 a.m. This class includes cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and

stability balls.

Qigong – Friday, February 21 from 1 to 2 p.m.

QiGong is a series of non-strenuous techniques and movements that focuses breathing, activates the body's internal energy, fosters relaxation, clears the "monkey mind" and helps to reduce stress. When combined, these techniques lead to a meditation that generates a peaceful presence and an overall "good to be alive" feeling. Non-skid shoes are required. Paul Lawrence is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.*



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Frankly Speaking



by Howard Prager
Let's get serious about sports. Many players are calling for the Astros to be stripped of their World Series title and just leave 2017 blank and, possibly, the same with the Red Sox for 2018.

This is a story that's just not going away and will be with us throughout the season.
Firsts: A few weeks ago, I wrote about the first female hockey crew officiating at a preseason game. They are now officiating a game between the Flames and Golden Knights on March 8 in Calgary. It's part of the Canadian Sportsnet's celebration of International Women's Day. For this game, they will also use an all-female production team. In other sports, Kerwin Danley is becoming the first African-American baseball crew chief. Danley has worked 10 postseason rounds and two World Series, as well as two All-Star games.

And Ramon DeJesus becomes the first Dominican-born umpire on the MLB staff. Congrats to all on their success in diversifying sports officiating.
Champs: My team is the Northwestern Wildcats. Once again, three years removed from their first NCAA tournament, the men's team is near last in the Big Ten. The football team could never find their footing this year. Then came along No. 14 Northwestern (NU) Women's Basketball team, who just tied for their first Big Ten title in 30 years with their 26th win, a new record, and hopefully more to come. They are projected to be a second seed in the tournament, in part based on how they do in the Big Ten tournament this weekend. NU has the second-best three-point shooter in the country (Abi Scheid at 49 percent), the Big Ten leaders in assist-to-turnover ratio (tied, Sydney Wood and Veronica Burton at 2.4), the Big Ten leader in steals per game (Veronica Burton at 3.3) and the third-leading scorer in the conference (Lindsey Pulliam at 19 points per game). Having worked at Notre Dame for a few years and seeing the Irish, who were ranked 1 or 2 at the time, I know a thing or

two about women's basketball (cue commercial music). The game involves a lot more passing, skill and jump shots instead of hanging around and above the rim. I see far fewer fouls in the women's game, and the atmosphere, although intense, seems to be more fun-oriented. As the Wildcats women's basketball team chased a Big Ten championship this year, some of their biggest supporters were members of the football team. They enthusiastically cheered from behind the basket for games at Welsh-Ryan Arena, and they've supported the team since the beginning, before the women achieved their success this year. Nice to see teams and players supporting one another. Go Cats!
Some other good news stories this week are about younger student athletes who can truly play. Gavin Hardy is an eighth grade basketball player in North Carolina, averaging 19 points per game. He is a hard worker with Division 1 basketball and NBA dreams. He's also a strings fan. Prior to games, he listens to strings to center himself and get ready. Gavin has been playing basketball and listening to orchestras since he was age 4. But

he's not just a listener. Gavin plays the string bass. And his coach asked him if he could play the national anthem before a game. He checked with his orchestra teacher and she said, "Gavin can do anything when he puts his mind to it." So recently before a game, in his basketball uniform, he played the national anthem to wild applause. It's not just about draining a three or perfecting a song for Gavin -- it's about both. "If you're gifted at two things you should be able to do both of them," he said.
As I was researching this story, I also read about Leah Streety, an Elma, New York High School track star and violinist playing the national anthem on her violin before a basketball game recently. Her performance was beautiful, and the only difference -- she didn't need to compete immediately after playing. Congrats to these young "two-way" players.
Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.✪

ISLAND SUN BUSINESS NEWSMAKERS

John Naumann & Associates

The top producers for February at John Naumann & Associates were: LeAne Taylor Suarez, top listing and top sales agent; and Larry and Debbie Hahn, top listing and top sales team.✪



LeAne Taylor Suarez



Larry Hahn



Debbie Hahn

Agent Joins Real Estate Group

Luke Blackman has joined Pfeifer Realty Group as a team facilitator. Blackman is a recent graduate of the University of Florida with a degree in international studies and a minor in French. He grew up in Chevy Chase, Maryland after spending his early years in London, Amsterdam, Prague and Paris. Blackman has been visiting Sanibel since he was 6 years old. He has volunteered at Clinic for the Rehabilitation of Wildlife (CROW) and continues to support Community Housing and Resources (CHR).
An avid tennis player, Blackman was the Maryland State Doubles Champion in high school and represented the University of Florida Club Team at Tennis On-Campus Nationals. He volunteers with Special Olympics and Aces in Motion.✪



Luke Blackman photo provided

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SPORTS QUIZ

1. Who was the last Minnesota Twins pitcher before Jose Berrios in 2018 to record at least 200 strikeouts in a season?
2. When was the last time before the 2019 season (Gerrit Cole, Justin Verlander) that the major leagues had two pitchers with 300 or more strikeouts in a season?
3. The Chargers' Philip Rivers set a record in 2018 for most consecutive completed passes to start an NFL game (25). Who had held the mark?
4. Between 2001 and 2019, how many years were there in which the No. 12 seeds in men's basketball failed to win at least a game in the NCAA Tournament?
5. Patrick Marleau is the all-time leader in goals scored for the San Jose Sharks. Who is No. 2?
6. Who was the only Olympian to win gold medals in both the 100 meter sprint and the 100 meter hurdles?
7. Golfer Steve Stricker set a U.S. Senior Open 72-hole record in 2019 with a 19-under 261. Who had held the mark at 264?

ANSWERS

1. Francisco Lirio, with 201 strikeouts in 2010. 2. It was 2002 (Arizona teammates Randy Johnson and Curt Schilling). 3. Mark Brunell completed 22 consecutive passes to start an NFL game in 2006. 4. Three times -- 2007, 2015 and 2018. 5. Joe Pavelski, with 355 goals scored (2006-19). 6. American Harrison "Bones" Dillard, in 1948 (sprint) and 1952 (hurdles). 7. Kenny Perry, who did it in 2017.



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Golfers gathered for a photo at The Dunes Golf & Tennis Club

photos provided

Dunes Tournament Raises Funds For Breast Cancer Research

The Dunes Golf & Tennis Club, in cooperation with its golf leagues and membership, will be donating over \$35,000 to the Breast Cancer Research Foundation from the Play for PINK fundraiser, held on February 8.

The Dunes officials extend their thanks to the workers who solicited, sold raffle tickets, donated art and helped stage the foyer into a shopping extravaganza for over 24 hours. The pavilion was filled with a mass of people in pink, where lunch was served after participants had purchased raffle tickets and bid on silent auction items. The Play for PINK committee offers a sincere thank you to the entire Dunes membership for its support and generosity.

The successful culmination of all efforts and planning for Play for PINK was made possible by The Dunes staff. Brian Kautz, general manager, assembled a professional group of employees who helped make the event run smoothly. Ryan Hagerman organized and managed 128 golfers and even made them stand still for a picture. Other staff members drove balls for additional donations and helped with cart sponsor signage.

Zach Ninkovich, food and beverage manager, and staff did a great job turning the foyer into a “shopping center” and the pavilion into a dining room, which was packed with hungry golfers.

Chef Roro outdid himself with the meal he created, with a hint of pink, and all natural.

Dana Swanson labeled raffle bags, printed silent auction sheets and found logos for donated items.

This event is supported by Title Sponsor The Estée Lauder Companies Breast Cancer Campaign, which donates 100 percent of all funds raised to the Breast Cancer Research Foundation.✱



From left, Play for PINK Tournament Chairs Jim and Amy Clapp with Gussie and Dave Blue



From left, Jim Clapp, Bob Schoen, Tom Veratti and Mike Voss were the winners of the men's division



From left, Marikay Trimble, Maureen Saage, Susan White and Maureen O'Brien were the winners of the ladies division



From left, Kevin and Joie Steel, and Peggy and Chuck Hogg were the winners of the mixed division

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Does Cooking Make You Anxious?



by Ross Hauser, MD
and Marion Hauser, MS, RD

Do you try new recipes or are you afraid to try new things? Some people love to cook, and others hate it. But truly, cooking your

own meals is one of the keys to staying healthy because you can control what goes into your mouth. Neophobia is the fear of eating new or unfamiliar foods. Some people suffer from anxiety over cooking. For those who love trying new foods, recipes and ideas in the kitchen, we cannot imagine, but not everyone is there. And that's okay. We crazy cooks may suffer from other anxieties.

Some people have zero experience with cooking. They have never done it; thus, they have no confidence, thus even "basic" recipes seem overwhelming... or they may have cooked, but somehow just got out of the habit. Prepared foods or take-out became the norm because "it's easier." Thus, cooking from scratch became a daunting task because of lack of practice.

Avoiding something, however, just leads to more anxiety – whether cooking or some other fear.

Some people are embarrassed to talk about cooking anxiety. But let's get it out in the open. Your health depends on it. Look at it to grow and improve yourself.

Wherever you are starting from, you can get better and you will find it easier and less anxiety-provoking the more you try it.

Tips to help you jump back into the cooking mindset:

1. Allow yourself at least twice the amount of time you think you will need. You don't want to be eating dinner at 10 p.m.
2. Write things down. Cooking is part art and part science. Recipes are a guide; thus, I like to tweak them as I go. I print recipes and makes notes on them as I tweak, storing them in a binder so I can remember.
3. Set realistic expectations. Start with simple recipes and build from there.
4. Get yourself a few good kitchen utensils. My basics are a good knife, cutting board, mixing bowl, stainless steel frying pan and three-quart pan, baking sheet, wooden spoons, measuring cups/spoons and 9- by 13-inch baking pan. This is a great place to start.
5. Make something that you like!

Next time you are eating out, think "I could totally make that!" Then jump onto "Dr. Google" and find a recipe.

6. Use good ingredients. Cheap, bad, stale does not equal a good dish. Most great dishes do not require a lot of ingredients, but the few that you do use require fresh and high quality. We are blessed to have access to great shopping right here on Sanibel, as well as online. I love www.savoryspiceshop.com for lovely blends of spices that make cooking easy. Check it out.

"This is my invariable advice to people: Learn how to cook – try new recipes, learn from your mistakes, be fearless, and above all, have fun!" -- Julia Child

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✱

Beautifulife:

Your Audience



by Kay Casperson

I have always been a big believer in carefully choosing the people you surround yourself with for many reasons. Your life is like a production, and you are the director of each and every aspect

of it. From what you do, to how you act, and every single outcome of that can be orchestrated by you and controlled by you.

You are in charge of not only how you act, but how you react to the various circumstances in life. You are also in charge of who you allow in your audience, who are the ones chosen by you to cheer you on, clap for you, inspire you or help you move towards your best and most beautiful life?

Let's take a closer look at the people that are in your audience. They are made up of family, friends, social acquaintances, or work teams. Where you place them in their seats will make a significant impact on the success of your production. Are the people that want the best for you and want

to inspire you to be better in the front row of your production? Or, do you keep them at a distance, maybe in the back rows, the balcony or far enough away where it is hard to hear them cheer you on?

Are there people that don't really care about your ultimate wellbeing, happiness, or success closer to the front row? They may be taking up seats that should be saved for those that do truly matter in your life. You might want to take a good look at how you have positioned your audience as it could make the difference in your success. It could change the outcome of how you become better, healthier, happy and full of love.

The front row should be only those that you can hear cheering you on, sending you love, wishing nothing but the best of everything, and wanting you to grow and become better. The middle of the room should be those that care about your wellbeing but may not give you the extra love and inspiration you need to succeed. The back row should be where you put people who you know from work or social events and organizations, but don't expect them to be your best cheerleaders. And, finally, the balcony is where you should keep those, regardless of whether they are family or acquaintances, who try to steal your energy. These are people that will suck the wind right out of you, and would not be there to support you if you really

needed it. We all have certain people that need to be in our production. Still, the exposure to them should be limited, so their opinions do not get to you as quickly or as loudly.

Remember, the production of your life is solely in your hands. Choose your actions wisely and place people properly in your audience. You will then be able to make the best decisions to create the life that you desire and are meant to have.

My affirmation for you this week is:

Is your Estate Plan providing you COMFORT, CONFIDENCE & CLARITY?



Craig R. Hersch

Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA
"Will Power" Columnist, *The Island Sun*



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dearRPharmacist

How To Make Your Own Hand Sanitizer



by Suzy Cohen, RPh

Dear Readers: As fear of coronavirus COVID-19 spreads across the United States, many people have started buying hand sanitizer. But this product is already sold out in

a lot of stores, and the prices online have skyrocketed due to sellers acting very opportunistically. It's a supply and demand issue and now that everyone wants it, they can take advantage of you.

Today, I'm offering you alternative methods to sanitize your hands and cell phone cases, door knobs, buggy handles, and whatnot. I have a more detailed version of this article that I can email to you after you sign up for my free newsletter at www.suzycohen.com.

Do not spray any of these on your face, or near your eyes because it will burn. These are intended as recipes for external application only.

Here are some of my best ideas to make a home-made hand sanitizer and the essential oils I mention all

have some degree of activity against pathogens.

Hydrogen Peroxide – You can buy 3 percent hydrogen peroxide pretty much anywhere still. Put this in a spray bottle and use it like you would hand sanitizer. If you want to make it last longer, dilute it with a little water.

Tea Tree Essential Oil – Combine 10 drops of essential oil of tea tree and mix with approximately four ounces of water and put into a spray bottle. If the scent is too 'antiseptic' for you, you can certainly add some other essential oil that you like such as lemon or lavender, both of which offer even more anti-bacterial and anti-viral benefits.

Eucalyptus in Aloe Vera – Pour out one ounce of aloe vera gel or juice into a four ounce spray bottle. You can use either in my opinion, and I've done that myself. The aloe juice is technically drinkable, but the reason it might be okay for your spray bottle is because it is less viscous, so it goes into solution very nicely. I've made my own homemade facial toners using aloe vera juice (not gel). The gel is fine too, it's just thicker and it's sold for external use. Either way, the next thing you do is add 10 drops of essential oil of eucalyptus and, finally, fill the bottle to the top with water.

Distilled White Vinegar – Many of you have bottles of plain vinegar in your home to use as a cleanser, or in recipes. You can buy about a gallon of this stuff for \$5 or so. Vinegar is a great disinfectant and is known to destroy many gram-negative bacteria like E.

coli, Salmonella and other pathogens. If I were making this, I would add 5 drops each of patchouli, lemongrass, tea tree and thyme.

Rubbing Alcohol – If the stores run out of everything, you can always use rubbing alcohol to kill germs. I recommend you dilute by about 50 percent with water and to cut down on the alcohol scent add some essential oil of eucalyptus, lemon or orange.

Colloidal Silver – We all know that silver was the antibiotic of choice for years until proprietary drugs became available. Silver is a strong antibacterial. You can buy a bottle of colloidal silver and use it at 100 percent strength in

your spray bottle. Don't dilute it. I'd personally recommend that you add five drops each of clove and eucalyptus to the silver.

I want to make sure that you realize that hand sanitizers do not kill COVID-19. Nothing I say here is to be misconstrued as medical advice and do not delay seeking medical attention if you have respiratory symptoms.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I have been with my husband for 10 years, and he is an alcoholic. I want to leave the marriage because he is verbally abusive but I feel guilty and sad. He refuses to get help.

He tries to get me to stay, but I know it's unhealthy. How can I leave?

A: It sounds as though you have made a decision yet leaving your marriage, as unhealthy as it appears, is very difficult for you. As painful as it is, you may ask yourself is it worth it to you to stay in an abusive marriage? What are you getting if you stay? What would your new life be like if you leave?

It sounds as though you have discussed counseling and he refuses. If you feel you have done everything to make the marriage work, remember that one cannot get healthy for two, and he is in need of professional help for his addiction. If you haven't sought your own counseling, I would encourage you to seek help for yourself to have the courage to leave, work through the grief you feel and for your own healing.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health

therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 130 at Sanibel Community Church on Tuesdays from 5 to 6 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfla.org.

Sanibel Community Church is located at 1740 Periwinkle Way.

Grief Support Group Meetings

Sanibel Community Church is offering GriefShare sessions on Tuesdays through March 31 in the main sanctuary. They are open to everyone who has lost a loved. The program features a video, book, discussion and support. Refreshments will be served.

Sanibel Community Church is located at 1740 Periwinkle Way. For more information, contact Maryelle Pavelka at 850-4221 or Robert Adams at 408-569-5440.

YOUR NEUROLOGICAL SYMPTOMS MAY HAVE A STRUCTURAL CAUSE!

- Balance problems
- Blurred vision
- Dizziness / vertigo
- Fainting / drop attacks
- Swallowing or speaking difficulties
- Tinnitus or hearing problems
- Torticollis / cervical dystonia
- And many more!

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PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Scott And Bandit



Scott ID# A808327

Great Scott! You can adopt this handsome fella for just \$25 with an approved application! Hello, my name is Scott. I am a 10-year-old male bull terrier mix who knows sit, stay, is very leash trained and has gotten past all the pesky puppy and 'tween stages. You can just move right to the regal 'James Bond' stage with me. I am always happy and smiling, and will greet you with a tail wag while ready to go out for a walk or just climb in your lap.

My adoption fee is \$25.

Hi, I'm Bandit. I am a 4-year-old male domestic shorthair who has been very aptly named as I am quite the toy stealer in the free-roam room. I love to sneak up on my feline friends and snatch their toys away from them. I do this, of course, in hopes of starting the typical game of cat and



Bandit ID# A809605

mouse. I am the perfect cat to adopt if you are thinking of taking advantage of the adopt-one-get-a-feline friend at no additional charge special. You can adopt this mischievous guy and maybe one a little more laid-back to have the best of both worlds.

My adoption fee is \$40 with the adopt-one-get-a-feline friend at no additional charge

Are you looking to adopt a new furry friend? Whether you are looking for a dog, cat, bunny or perhaps a ferret, stop by Lee County Domestic Animal Services in March to see the fun and games we have planned. Adoption fees on all adult dogs and cats will be reduced to \$40 with an approved application. In addition, play the game of the day to win a prize with your adoption.

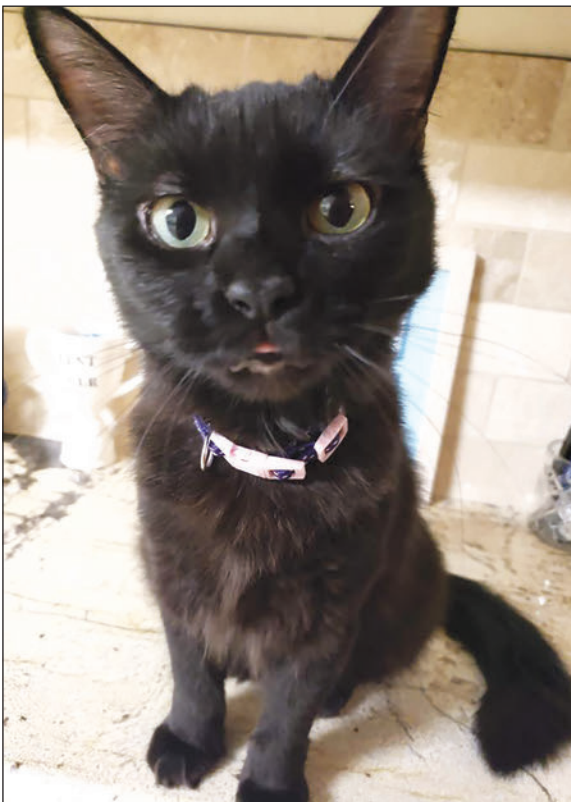
The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.*

Haven on Earth Animal League

Eve

Hi There! My name is Eve -- perfect for Christmas Eve and New Year's Eve. I'm only about two or three years old, so I'm still young and playful. I've had a rough life so I'm looking for someone to love me forever. I was found in a garden center, trying to protect my five kittens. I was emaciated, full of tapeworms and missing fur. Luckily, someone from Haven on Earth Animal League took me in and fostered me. I'm all better now and ready to spend my life being pampered, as I should be. I am very affectionate and like to cuddle in bed or on the sofa with my human. I get along with other cats, and I even like the dogs in the house -- but don't tell anyone. If you want to meet me, call Aviva (my foster mom) at 204-6849 or email Haven on Earth Animal League at havenonearthanimalleague@yahoo.com.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.*



Eve



CALLING CARD 239-395-1213

Emergency	911
Sanibel Police	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department - Sanibel	472-5525
Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	277-1700
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
SW Florida Symphony	418-0996
Symphonic Chorale of SW Florida	560-5695
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc ..	http://abwasanibelcaptiva.org
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon of SWFL	https://www.audubonswfl.org/
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
Democratic Club of the Islands	Demclubislands@gmail.com
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211	984-5920
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH OF SANCAP 24-hr service	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie ..	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS - Protection of Animal Welfare Society	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.sancapboating.club
Sanibel-Captiva Republican Caucus	395-0819
Sanibel-Captiva Shell Club	facebook.com/sancapshellclub 267-7291
Sanibel Youth Soccer	www.sanibelsoccer.org 395-2040
Shell Islands Garden Club	246-8875
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to: press@islandsunnews.com

PUZZLES

Answers on page 39B

Super Crossword

MULTIPLE LISTING

- ACROSS**

1 Nightclub show

8 "Sweet Rosie —" (Betty Grable film)

14 Floating with no control

20 Surplus amount

21 Greek Muse of astronomy

22 Pointy beard

23 Cough-quelling tablet

24 Cowboys' toppers

26 Like old teams that ferried borax

28 Luau garland

29 Knife incision

30 — -mo replay

31 Big serving spoon

34 Big record label, once

37 Suffix with serpent

38 Long-term home loan option

45 Javelin's path

48 Ending for señor

49 Small musical band

50 The "A" of ETA: Abbr.

51 Mem. of the family

52 1979 Nick Nolte film

59 L-P center

60 More silver-haired

61 Dispatched in the direction of

62 Hold up

64 Pianist's challenge

66 Rajah's mate

68 With a leg on each side of

70 "Apollo 13" org.

71 1994 Erica Jong memoir

76 Unlucky time for Caesar

77 Cold Lipton offering

79 — -am (touter of green eggs and ham)

80 Food fish

81 Gp. to call after a stall

82 Deft

86 King in "The Lion King"

89 State south of S. Dak.

90 Flying on foot

93 Ill, in modern Rome

94 Ex-Texas governor Richards

95 Fat-removal procedure, for short

96 Chou En- (former Communist leader)

97 Old JFK lander

98 Philadelphia election-monitoring group

106 Santa —, California

107 This moment

108 French for "daughter"

109 Meditation syllables

112 Take care of

114 "... — mouse?"

117 Phileas Fogg's around-the-world time

122 Right angle feature

127 Satirist P.J.

128 Penguin type

129 Lack

130 More boisterous

131 Father, e.g.

132 Seaport south of Kiev

133 No less than
- DOWN**

1 Male foal

2 States bluntly

3 Gemstone mounting

4 "Am so!" retort

5 Vent vocally

6 Like omelets

7 Be rife (with)

8 Money spent

9 Gluttonous

10 Managed

11 Director Lee

12 Oven knob

13 Ivy League school

14 In past time

15 With 74-Down, longtime morning radio host

16 Match cheers

17 Napoli locale

18 Throwing a big party for

19 Student being quizzed

25 VIP's ride

27 Final: Abbr.

32 "— smile be your umbrella"

33 British peers

35 Artsy- —

36 Basically

39 Door part

40 "Do — else!"

41 — avis

42 Provoke

43 Mournful cry

44 Pound sound

45 Iran neighbor

46 Avis offering

47 Inspector in "The Pink Panther"

53 Supermodel Banks

54 Use the ears

55 '62 Bond film

56 RBIs, e.g.

57 Some fishing spears

58 Some Alpine singers

63 Safest option

65 Father

67 Conditions

69 Tumbler top

71 Was a tributary of

72 Bring home

73 Renown

74 See 15-Down

75 Cartoon skunk — La Fume

78 It gives red wine its color

80 "— isn't so!"

83 Eye flirtatiously

84 Nastase of the court

85 — the iceberg

87 Car shaft

88 Marvel's Lee

91 "Platoon" zone, briefly

92 Ex-U.N. head Annan

98 Brief sleep

99 City east of Syracuse

100 Way

101 Having no depth, briefly

102 Rains down ice pellets

103 Actress Cuthbert

104 Really chill, with "out"

105 "Hey, bro!"

110 Singer Callas

111 Comedian Wanda

113 Editing mark

115 Total revision

116 Ripened

118 Circle dance

119 Horse pace

120 Cry of pain

121 Spanish muralist José María —

123 Foil material

124 Up to now

125 "Norma —"

126 Trauma ctrs.

1	2	3	4	5	6	7		8	9	10	11	12	13		14	15	16	17	18	19
20								21							22					
23								24						25						
26								27				28				29				
	30							31		32	33			34	35	36		37		
				38	39	40	41					42	43			44				
45	46	47		48						49				50						
51				52				53	54	55				56				57	58	
59				60								61						62		63
64				65				66		67				68			69			
70					71	72						73	74	75			76			
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81				82				83	84	85		86		87	88			89		
	90			91						92								93		
				94				95						96				97		
98	99	100					101					102	103	104			105			
106				107						108							109	110	111	
112				113			114	115	116			117			118	119	120			121
122				123	124					125	126				127					
128								129							130					
131								132							133					

King Crossword

- ACROSS**

1 Tummy muscles, for short

4 Slapstick arsenal

8 Scallopini meat

12 Press for payment

13 Ireland

14 Not working

15 Classic Anne Murray song

17 Location

18 Charlotte's creation

19 Capitol VIP

21 Pamper

24 Gun the engine

25 Melody

26 Sprite

28 Thin smoky streaks

32 Messy sort

34 Cut the grass

36 Fit of peevishness

37 High-strung

39 Michael Jackson album

41 — budget

42 Affirmative action?

44 About to fall asleep

46 Old-style hair-piece

50 Curved line

51 Neighbor of Cambodia

52 Increase rapidly

56 Scandinavian city

57 Sagan or Sandburg

58 Shooter ammo

59 Adolescent

60 Has bills

61 Dr. Ruth's subject

5 Square root of IX

6 Blunders

7 Passover feast

8 Compared to

9 Tend texts

10 Choir member

11 Ogle

16 Marry

20 Fresh

21 Money

22 Unctuous

23 Shade provider

27 Watch chain

29 Mountain peak covers, often

30 Bowlers' tar-

31 Remain

33 Blessing

35 Bankroll

38 Ply oars

40 Talks Dixie-style

43 Mirror-ball venue

45 Sphere

46 Basis for a whodunit

47 Relaxation

48 Portrayal

49 Chew like a chipmunk

53 Tramcar contents

54 Shelter

55 Remiss
- DOWN**

1 Billboards

2 Chignon

3 White-flowered amaryllis

4 Little rock

MAGIC MAZE ● MISSING —

E N K H E B Y V S P M J H E B
Y V T Q O L T I G D B Y W T R
P M K P I R R F D B Y W U S Q
O T D M E K E I F S D B Z X W
U S N R T R A D Q O T N L J K
H F D I O C S A N Y W R V R T
S Q P N O W U O Y I A T A D L
K I H F T P R K N I L M E P C
? G N I H T E M O S E Y M B Z
Y W V U S R A H U H Q P C O N
M L J I H N O I T C A N I F C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Comma

Cylinder

Data

In action
- Link

Out

Parts

Persons
- Something?

The mark

The point

Tooth
- Treasure

Word

You

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Bob Schwabert

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Effective
MICANDY

Simulated
TRAILVU

Connection
LEAKING

Avoid
REGION

TODAY'S WORD

"Too bad she got a job as a cop — she was the best _____ we ever had."

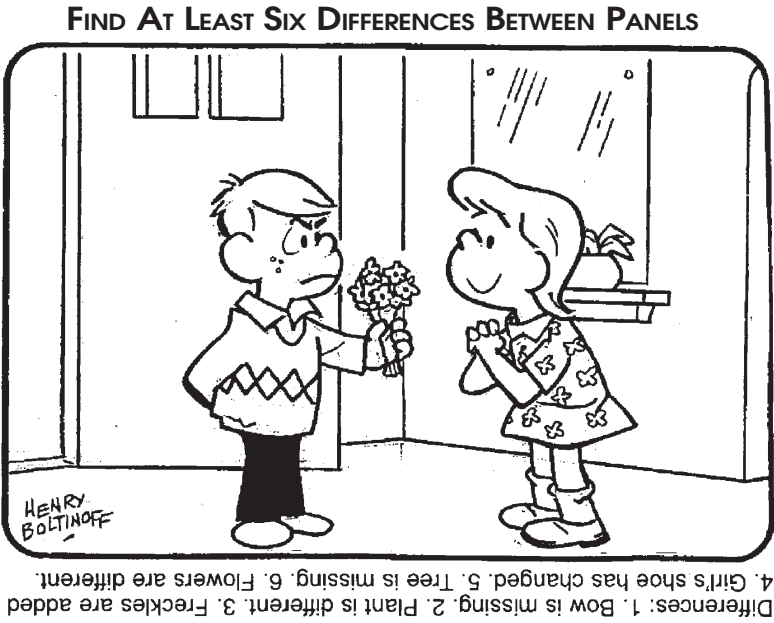
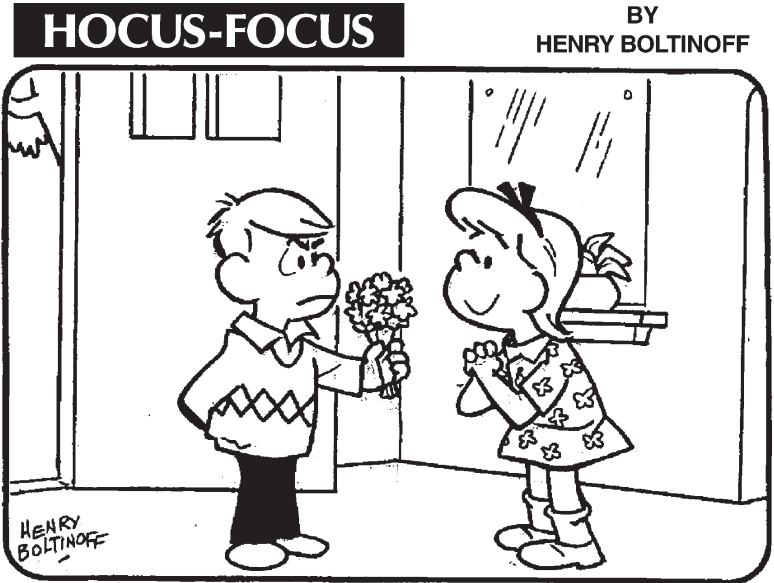
Answer on page 39B

		1	3					6
	7			2		3		
9					5	8	4	
	1				3		9	
2	4			8		5		
		3	6					7
		4			9	1		
3			1	5			2	
	6			7				8

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

Answer on page 39B



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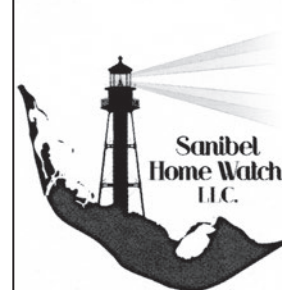


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My Stars ★★★★★

FOR WEEK OF MARCH 9, 2020

Aries (March 21 to April 19)
Having second thoughts could be a good thing, even if you're determined to go through with your plans. You might find it worthwhile to take a fresh look at how things have been set up.

Taurus (April 20 to May 20)
Financial matters could continue to be a problem until you're able to straighten out some of the more pesky situations. Once that happens, the rest should be easier to unsnarl.

Gemini (May 21 to June 20)
Family matters once again take center stage, and should be dealt with competently and quickly. And, again, insist on others taking on their fair share of the responsibilities.

Cancer (June 21 to July 22)
Your creative pursuits seem to be running into a roadblock. But rather than blame outside factors, look within to see if you might be holding back your efforts for some reason.

Leo (July 23 to August 22)
Keep that keen Cat's Eye focused on relevant aspects of this new situation in your life. Don't be distracted by trivial matters. You need the pertinent facts before making a decision.

Virgo (August 23 to September 22)
As much as you prefer doing things on your own, continue to accept help if you still need to resolve the problem affecting your project. Some cheerful news is about to come your way.

Libra (September 23 to October 22)
While you might begrudge the added time it will take to get your project from point A to B to C, etc., you could benefit from the facts that will emerge over this expanded time span.

Scorpio (October 23 to November 21)
Regarding your workplace suggestions, be prepared to produce the facts to counter reactions from skeptics who feel your approach is unreasonable or even impossible.

Sagittarius (November 22 to December 21)
Savvy Sagittarians will look for work-related answers on their own rather than rely on unproved assumptions. It might take more time to do so, but the payoff is worth it.

Capricorn (December 22 to January 19)
Your aspects continue to favor family issues, with special emphasis this week on changes in and around your home. Get everyone to suggest what he or she would like to see done.

Aquarius (January 20 to February 18)
A matter you thought had been settled might still produce surprises. Best advice: Continue to gather facts to bolster your position just in case you need to produce them quickly.

Pisces (February 19 to March 20)
While your instincts are usually right when discerning 'twixt truth and deception, you could benefit from doing more research on the new "prospect" that you've been pitched.

Born This Week: Your wisdom is only matched by your generosity, making you the sort of friend everyone hopes to have.

NOW HERE'S A TIP

- "If there is only a light snow on the ground, you can use your leaf blower to clear walkways or a deck." – DE in Minnesota

- You might think your dishwasher cleans itself every time you use it, but it could use a hand. Run this cleaning cycle monthly: Fill a two small bowls with white vinegar, and put one each on the upper and lower racks. When the clean cycle is done, sprinkle a cup of baking soda on the bottom and run again.

- Cooking Tip: After you have rotisserie chicken for dinner, throw the carcass in a pot and make a quick stock. All you need are: a quartered onion; two carrots and two celery stalks, roughly chopped; a bay leaf and other spices you enjoy; a bit of salt; your rotisserie chicken carcass; and enough water to cover. Boil and let simmer for up to two hours. Strain and store.

- If you need to chop bacon for a garnish or slice chicken or beef for fajitas, freeze the meat before you chop. It will make it much easier to get the slices uniform because it doesn't slide around.

- "Look closely at extra-large size boxes of cereal. I was surprised to find that the bulk size of my favorite was actually costing me more per ounce. Now I always check the per-unit price, which is often found on the price tag." – JC in Oklahoma

- "If you get gum stuck in your hair, try massaging it with a little dab of butter. The fat breaks down the gum, and it's easier to separate the strands. Just go slow and it will come out." – KR in Indiana

MOMENTS IN TIME

- On March 15, 1820, Maine is admitted into the Union as the 23rd state. Administered as a province of Massachusetts since 1647, the entrance of Maine as a free state was agreed to by Southern senators in exchange for the entrance of Missouri as a slave state.

- On March 12, 1894, Coca-Cola is sold in glass bottles for the first time. It had been available only as a fountain drink. A bottle of Coke cost 5 cents, and it stayed that way until 1959.

- On March 11, 1918, a U.S. Army soldier reports to the hospital at Fort Riley, Kansas, complaining of cold-like symptoms. By noon, over 100 of his fellow soldiers had reported similar symptoms, marking what are believed to be the first cases in the influenza pandemic of 1918. The Spanish flu would eventually kill 675,000 Americans and up to 50 million people worldwide.

- On March 13, 1942, the Quartermaster Corps of the U.S. Army begins training dogs for the newly established War Dog Program, or "K-9 Corps."

- On March 9, 1959, the first Barbie doll goes on display at the

American Toy Fair in New York City. Barbie was the first mass-produced toy doll in the United States with adult features. Ruth Handler, co-founder of Mattel, named the doll after her daughter, Barbara.

- On March 14, 1967, the body of President John F. Kennedy is moved to a permanent spot at Arlington National Cemetery. The president had been assassinated on November 22, 1963. The gravesite includes a natural gas line with a continuous electronic flashing spark that reignites the flame in case it is extinguished by rain or wind.

- On March 10, 1988, disco sensation Andy Gibb dies at the age of 30. With his heart greatly weakened from years of cocaine abuse, Gibb succumbed to an inflammatory heart virus.

STRANGE BUT TRUE

- It was American journalist, author and humorist Don Marquis who made the following sage observation: "Procrastination is the art of keeping up with yesterday."

- The first recorded newspaper that published on a daily basis was in Rome – in 59 B.C.

- A giant carnivorous plant has been discovered on a remote mountaintop in the Philippines. The second largest pitcher plant on record, *nepenthes attenboroughii* secretes a nectar that lures insects, frogs and even rats into its trap, where enzymes and acids break down the animal and digest it.

- There has been a lot of debate about whether older drivers should be required to pass driving tests in order to renew their licenses, with failing sight and diminished judgment being cited as reasons for the more stringent requirement. However, statistics tend to indicate that, as a group, teenagers are the more dangerous drivers, with their auto-accident death rate roughly triple that of seniors.

- The men's formal attire known as the tuxedo takes its name from the Tuxedo Park Club in New York, where the clothing first became popular. The word itself is derived from the Algonquian word for wolf.

- In some parts of Europe, red roses are considered to be omens of evil. Seeing the petals fall from a red rose is a portent of death.

- The Zagat restaurant rating system recently conducted a survey of Americans' tipping habits. The results? It seems that residents of Philadelphia are the most generous tippers in the nation, leaving an average of 19.6 percent. The average across the country is 19 percent.

- President Benjamin Harrison was 25 years older than his wife, Mary – and he also was her uncle.

THOUGHT FOR THE DAY

"People who have no weaknesses are terrible; there is no way of taking advantage of them." – Anatole France

TRIVIA TEST

1. **History:** When was the United Nations organization formed?
2. **U.S. Presidents:** Who was the first president to reside in the White House?
3. **Astronomy:** Which planet has the largest moon in our solar system?
4. **Television:** Which TV series featured a character named Walter White?
5. **Literature:** Which character appears in three of William Shakespeare's plays?
6. **Music:** What was the original name of the rock group Red Hot Chili Peppers?
7. **Animal Kingdom:** What is a group of giraffes called?
8. **Science:** How many main body sections does an insect have?
9. **Movies:** Which famous 1960s movie features the theme song *Everybody's Talkin'*?
10. **Mythology:** In Arthurian legend, what was Merlin's profession?

TRIVIA ANSWERS

1. 1945 2. John Adams 3. Jupiter, and the moon is Ganymede 4. *Breaking Bad* 5. Falstaff 6. Tony Flow and the Miaculous Majestic Masters of Mayhem 7. A tower 8. Three: the head, the thorax and the abdomen 9. *Midnight Cowboy* 10. A wizard

Shore Fishing:



Don't Harm The Fish

by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida residents as well as out of state visitors need a fishing license to fish from shore.

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RENTAL WANTED

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IN THE SUPERIOR COURT OF THE VIRGIN ISLANDS DIVISION OF ST. THOMAS AND ST. JOHN FRENCHMANS COVE CONDOMINIUM OWNERS' ASSOCIATION, Plaintiff vs. RICHARD O. CHILDRESS and TERRI A. CHILDRESS, Defendants. ST – 19 – CV 129

SUMMONS

To:Terri A.. Childress 12581 Equestrian Circle Apt. 1001 Fort Myers, Florida 33907

Within the time limited by law (see note below) you are hereby required to appear before this Court and answer to a complaint filed against you in this action and in case of your failure to appear or answer, judgment by default will be taken against you as demanded in the Complaint, for DEBT, FORECLOSURE OF LIEN AND BREACH OF CONTRACT.

Witness my hand and the Seal of this Court this 10th day of January, 2020. ESTRELLA H. GEORGE Clerk of the Court By:Donavan Donovan Deputy Clerk

By: Matthew J. Duensing, Esq. Attorney for Plaintiff, Frenchman's Cove Condominium Owners' Association, Inc. Law Offices of Duensing & Casner 9800 Buccaneer Mall, Bldg. 2, Suite 9 P.O. Box 6785 St. Thomas, Virgin Islands 00804

NOTE: This defendant, if served personally, is required to file his answer or other defenses with the Clerk of this Court, and to serve a copy thereof upon the plaintiff's attorney within twenty one (21) days after service of this summons, excluding the date of service. The defendant, if served by publication or by personal service outside of the jurisdiction, is required to file his answer or other defense with the Clerk of this Court, and to serve a copy thereof upon the attorney for the plaintiff within thirty (30) days after the completion of the period of publication or personal service outside of the jurisdiction. 2/14 ★ 3/6

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- Wear a helmet
- Use lights at night
- Always be courteous



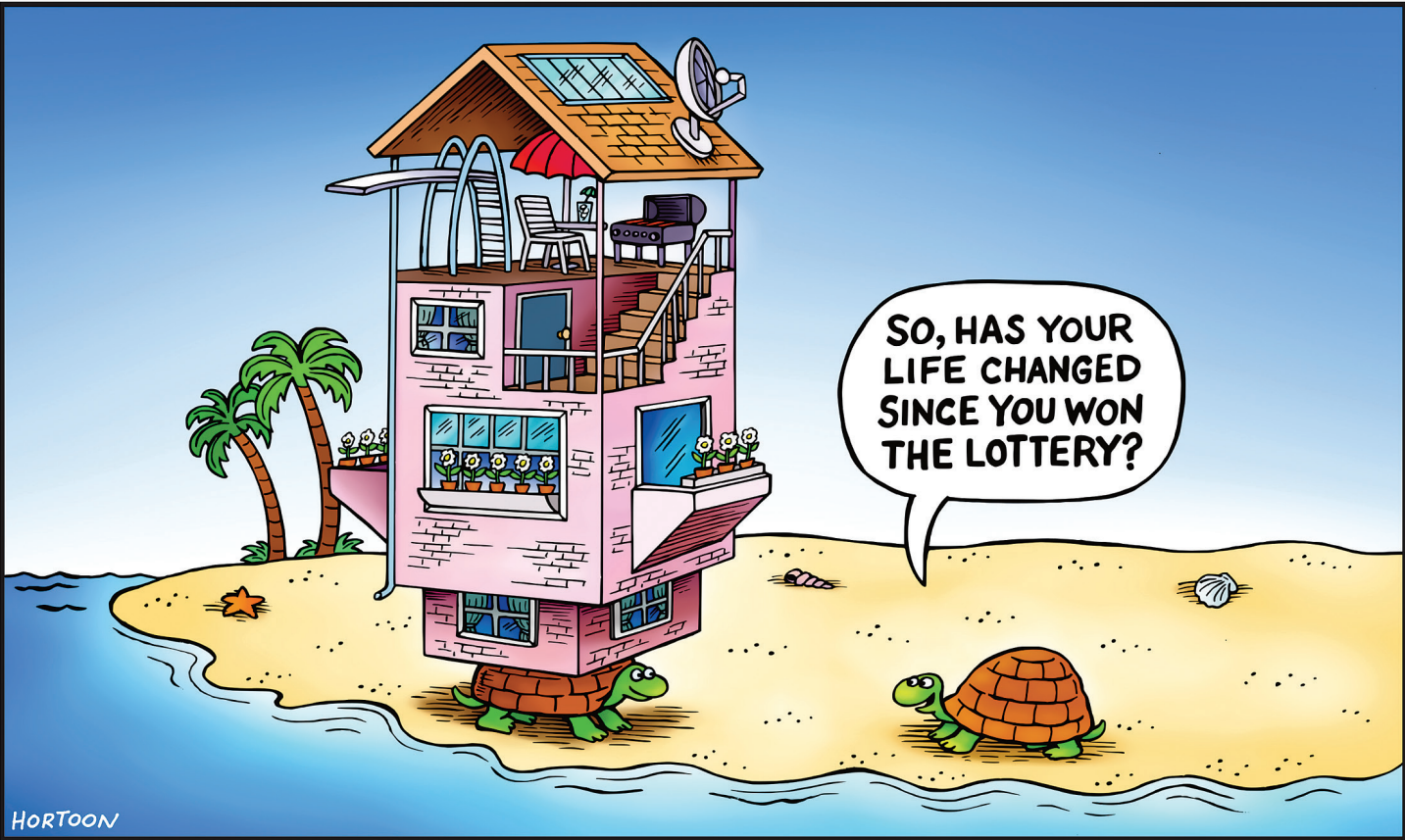
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Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bonita Beach	Bonita Springs	1998	3,800	\$2,295,000	\$1,961,000	129
Riverwalk	Bonita Springs	2001	4,721	\$2,250,000	\$2,250,000	0
Murano	Miromar Lakes	2012	4,591	\$2,249,000	\$2,100,000	25
Long Acre Lake	Sanibel	2000	3,883	\$1,749,000	\$1,669,000	164
Palmetto Point	Fort Myers	2003	4,250	\$1,695,000	\$1,546,940	402
St. Charles Harbour	Fort Myers	1994	3,040	\$1,599,000	\$1,470,000	6
Devonwood	Fort Myers	2015	4,002	\$1,549,000	\$1,475,000	28
Sanibel Isles	Sanibel	1997	4,705	\$1,499,000	\$1,460,000	361
Deerwood	Bonita Springs	1998	4,489	\$1,495,000	\$1,300,000	219
Sanibel Isles	Sanibel	1974	2,629	\$1,469,500	\$1,445,000	41

Courtesy of Royal Shell Real Estate

VIP

VIP REALTY GROUP



Old Florida Living

- 2BR/1.5BA Beach Bungalow with Den/Office
- Screened Lanai & Impact Windows
- Steps from Beach Access
- Near Sanctuary and Rec Center
- \$549,000 (2190951)

Dan Wexler 472-5187 x 208



Fantastic Gulf Views!

- Beautifully remodeled 2BR/2BA condo
- Small complex on the East End
- Water views from nearly every room!
- Great weekly rental history
- \$882,000 (2200266)

Lynda Traverso 472-5187 x 226



Updated Home - Great Value!

- 3BR, 2BA (both updated), Office, New kitchen open to family room
- Vaulted ceilings, Oversized screened lanai, open deck, very private
- Pond & waterfall, beautiful landscaping, butterfly garden, storage
- Community pool & tennis, close to city amenities
- Priced to sell at \$549,000 (2200247)

Jim Hall 472-5187 x 215



Direct Gulf-Front, Top Floor

- Lovely & spacious 2BR/2BA Sand Pointe Condo
- Totally updated w/new kitchen & baths
- Incredible sweeping views of the Gulf and Sanibel sunsets
- Super popular rental condo
- \$1,149,000 (2191242)

Rose Dakos 472-5187 x 233



So Much to Offer

- Oversized 2BR 2.5BA unit overlooking the pool w/double lanais
- Updated upper level and kitchen and does well with weekly rentals
- Complex offers resort-like heated pool canoes and kayaks available, 2 tennis courts
- Conveniently located between Sanibel and Captiva
- \$469,000 (2200012)

Becky Mulka 472-5187 x 204



Sanddollar A101

- Panoramic direct Gulf front views
- Impeccably maintained and tastefully decorated
- 2 bed 2 bath plus lanai off the large master bedroom
- Fully remodeled upscale unit with impeccable upgrades
- Offered for \$1,250,000 (2190816)

David Schuldenfrei 472-5187 x 227



Panoramic Gulf Views!

- 4BR/3BA updated ranch w/tile roof
- Sits on high ridge surrounded by majestic Royal Palms
- Approx 1 acre parcel in quiet, upscale subdivision
- Perfect family retreat!
- \$3,395,000 (2200207)

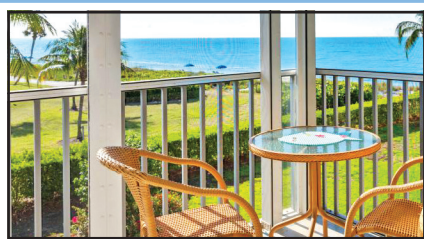
Teresa Baker 472-5187 x 220



Stunning Waterfront Home

- Charming 4BR/3.5BA olde-Florida style home
- Private lake front 1/2 acre, pool, hot tub, fireplace
- Gourmet kitchen, wood beam ceiling, Butler's pantry
- Master suite 1st living level, den/office, 10' ceilings
- \$1,100,000 (2200009)

Mary Lou Bailey 472-5187 x 246



Sweeping Gulf Views!!

- Fabulous designer remodel 2 Bed/2 Bath - Colorful & Bright!
- Corner unit, On-site management, Impact windows
- Clubhouse, pool, weekly rentals
- Don't wait this one will not last!!!
- \$1,231,000 (2190482)

Susan Dunn 472-5187 x 238



Stunning Island Beach Club Condo

- Steps to Sanibel's amazing beach and shelling
- Two Bedrooms Two Bathrooms
- Great Rental Income - Resort-Like Amenities
- Fully Furnished and Ready to Move In
- \$619,000 (2190029)

Joel Goodman 472-5187 x 224



Exclusive Gated Community

- 3BR/3BA with Private Lake Views
- 3-Car Garage, Heated Caged Pool, Spa with Waterfall
- Built in 2017 in the Exclusive Bridgetown Community
- Extensive Amenities Center
- \$559,900 (2191239)

Judie Anderson 472-5187 x 265



Sanibel Inn Resort Gulf Front Condo

- Furnished Island-style 2BD/2BA well-maintained unit
- Daily Rentals | Guaranteed Rental Income Program
- Dedicated Beach Access to 600 ft. of white sand beach
- Tiki Bar, Restaurant, on-site rental office, amenities galore!
- \$725,000 (2190691)

Tina DiCharia/Glen Simmons 472-5187 x 259



1560 PERIWINKLE WAY • 2000 PERIWINKLE WAY • 1506 PERIWINKLE WAY, SANIBEL

14970 CAPTIVA DRIVE, CAPTIVA

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